**KAREN M. SKOP, P.T, D.P.T**

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[Karen.skop@va.gov](mailto:Karen.skop@va.gov)

**EDUCATION**

**Temple University, Philadelphia, PA** *2006-2009*

Doctorate in Physical Therapy (DPT)

**University of Miami, Coral Gables, FL** *1998 -2000*

Master of Science in Physical Therapy (MSPT)

**University of South Florida, Tampa, FL** *1994 - 1998*

Bachelor of Arts in Chemistry (BA)

**ACADEMIC**

**EXPERIENCE**

**University of South Florida (USF)** *2012 – present*

**Adjunct Professor – Morsani School of Medicine** *2016 – present*

Co-facilitor shared faculty USF/VA

Neurological Clinical Problem Solving

Vestibular Rehabilitation

**James A Haley VA Hospital Polytrauma Center**

Orthopedic & Neurological residency faculty *2008 - present*

**CERTIFICATIONS &**

**LICENSURE**

**State of Florida licensure** - Physical Therapy (PT 19349) *current*

**Basic Cardiac Life Support** *current*

**Six Sigma Yellow Belt**   *2007*

**Certified Brain Injury Specialist** *2009 – 2010*

**PROFESSIONAL**

**ACTIVITY American Physical Therapy Association**  *1998 - present*

**Florida Physical Therapy Association** *1998 - present*

**Special Interest Group Member** *2000 – present*

Neurology Section

Orthopedic Section

Federal Section

**Vestibular Hypofunction Clinical Practice Guideline** *2016-present*

**Task Force Committee**

## **PROFESSIONAL**

## **EXPERIENCE James A Haley VA Hospital, Tampa, FL** *2008 - present*

## **Clinical Specialist Vestibular Rehabilitation**

Developed & Implemented successful clinic operation & procedures for the

following programs:

## In-patient & Out-patient (PNS) Polytrauma Post-deployment Rehabilitation & Evaluation Program (PREP) program lead (PT) – Concussion Management

## Outpatient Vestibular / Balance specialty clinic

* Performance Improvement (PI)/Research committee for above programs, using Six Sigma principles

## Multidisciplinary Sensory Impairment Team (Audiology, PT, Optometry)

Other duties:

* Daily patient care for complex diagnosis/referral for Veteran & active duty service members
* Clinic operations include managing patient care needs for one of largest group of unique patient visits to JAHVA
* Manage daily conflict, procedures & operations of mTBI programs and vestibular specialty clinic in coordination with PT lead, PT Supervisor & Chief of PM&RS
* Liaison between Physical Therapy vestibular specialty service and all other disciplines (medical, mental heath, physical medicine, audiology, neurology)
* Developed & implemented national list-serve Veteran's Administration Coalition of Vestibular Physical Therapists (VAVPT) for referrals & educational opportunities through SharePoint website
* Appointment to local Professionals Standard Boards (PSB) for Physical Therapy (1 year)
* Key team member for acquiring CARF accreditation for PREP

**North American Seminars, Nationwide** *2012- present*

**National Educator**

* National educator for continuing education for rehab professional in the area of advanced vestibular rehabilitation and concussions

## **Morton Plant Hospital, Clearwater, FL** *2004-2008*

## **Outpatient Coordinator of Physical Therapy**

* Manage daily operation 16 PT/PTA staff & ancillary staff, including, technical, professional, conflict resolution, manage department and clinical policies & procedures addressing delivery of care in non-for –profit hospital
* Balance & Dizziness program leader
* Stroke / Parkinson's Clinic team leader
* Responsible for staff training, developing education to staff & community
* Liaison between PT department, Physicians, Sports Medicine, Neurosciences department
* JCAHCO preparedness
* 80% daily patient care
* Performance Improvement initiative reducing cancellation/no-show rate from >22% to 10% using Six Sigma Principles

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**TLC Rehab, INC, Tampa, FL** *2001- May, 2002*

* Outpatient ALF & Orthopedic clinics throughout Hillsborough/Citrus Co

**Staff therapist** *2001-2002*

* Orthopedic/Neurological clinic

**Area Manager**  *2002 – March 2004*

* Increased revenue & county-wide growth 50% in 1 year (increased from

one to six clinics during leadership)

* Responsible for new clinic set-up, implementation of policies and

procedures, marketing, development of community partners, employee

staffing

* Responsible for maintaining productivity and cost standards, developing

& disseminating reports to administration

* Developed home health affiliations for growth in ALF to off-set MC cap

revenue lost

* Marketing and staff training Vestibular Rehab and Balance Program
* Develop & train staff in Vestibular Rehab program – company wide

### **RESEARCH**

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Douglas Chumney DPT, P. T., Kristen Nollinger DPT, P. T., Kristina Shesko DPT, P. T.,

**Karen Skop DPT, P. T**., Madeleine Spencer DPT, P. T., & Newton, R. A. (2010). Ability of Functional

Independence Measure to accurately predict functional outcome of stroke-specific population:

systematic review. *Journal of rehabilitation research and development*, *47*(1), 17.

**GRANTS**

Co-I**:** CENC0001C - **Observational Study on Late Neurologic Effects of OEF/OIF/OND Combat**

Co-PI: study entitled **"Characterization of Blast Trauma in Returning Service Members”** submitted with PI Dr. Tracy Kretzmer, PhD and interdisciplinary team from James A Haley VAMC in 2010. Not funded

**POSTER PRESENTATIONS**

* **Skop, Karen M**, Allen, Melissa C. **“A preliminary protocol for dual tasking in TBI”.** Department of Veteran’s Affairs Polytrauma Advances in TBI Rehab Annual Conference. May 2015.
* **Skop, Karen M.** “**Vestibular Rehabilitation in Polytrauma Population”** DVBIC & VA National Blast Conference. December 2009.
* **Skop, Karen M.,** Bryant, Kathyrn. “**Golf as an Adaptive Sports – Implications for Community Reintegration & Balance”** National Veteran’s Adaptive Sport Conference. 2009.

### **INVITED LECTURES / TRAINING**

* Yearly, since 2009, James A Haley Veterans Hospital, Invited lecture (PM&R residents) – *Vestibular Rehabilitation*
* Yearly, since 2009 James A Haley Veterans Hospital, invited lecture (PM&R residents) – *Vestibular Pathologies in Post-Deployment TBI*
* Yearly, since 2009 James A Haley Veterans Hospital, invited lecture (PM&R residents) – *Differential Diagnosis Vestibular Pathologies*
* September, 2015 US Central Command, Department of Defense & Defense & Veteran Brain Injury Center, invited lecture (Physicians, PM&RS, & mental health providers) – *Vestibular Pathologies in Post-Deployment TBI*
* May 2015 James A Haley Veteran Hospital, Invited lecture (Primary Care Physicians) Differential diagnosis for dizziness for the primary care provider
* January / March 2014 National Polytrauma Centers of Excellence Optometry conference call*, Multi-sensory implications of visual-vestibular pathologies post-deployment*
* April, 2014 AVASLP *TBI Post-deployment panel on TBI,* invited lecture
* September 2011 National representative with TBI/PT VA, DOD and DVBIC for development of research-based treatment protocols for vestibular dysfunction following TBI
* July 2011 National Department of Veterans Affairs PM&RS Conference call – *Characterizing dizziness after Blast exposure or concussion* – Invited lecture
* June 2011 USF Health Byrd Alzheimer's Institute - *Improving Rehabilitation Outcomes in an Elderly Population* – Invited lecture
* February 2011 Bethesda Naval Medical Center - *TBI Vision Symposium, Multi-Sensory Case Presentations –* Invited lecture
* December 2010 DVBIC & VA National Blast Conference –*Multi-Sensory Team Approach to Management Traumatic Brain Injury* – Invited lecture
* September 2010 James A Haley Veterans Hospital, In-service (Nursing) – *Benign Paroxysmal Positional Vertigo*
* August 2010 James A Haley Veterans Hospital, Interdisciplinary In-service (Audiology) – *Vestibular Rehabilitation* – *Consequences Post Blast Injury*
* July 2010 Polytrauma Grand Rounds – *Consequences of the Vestibular system following blast injury –* invited lecture
* 2008 National Home Based Primary Care (HBPC)– *Vestibular Rehabilitation & the Blast Injury*
* 2008 James A Haley Veterans Hospital, Interdisciplinary In-service (Audiology) – *Vestibular Rehabilitation*
* 2007 St. Petersburg College / Morton Plant Mease – *Vestibular & Balance Evaluation & Rehabilitation in the Home Setting*
* 2008 James A Haley Veterans Hospital, Lecture Series – *Vestibular Rehabilitation, Evaluation & Treatment*

## **CONTINUED**

## **MEDICAL EDUCATION**

Furnished upon request

**SERVICE**

**APTA, Academy of Neurology Peripheral** *June, 2016 – present*

**Vestibular Hypofunction CPG Task Force** *(appointment)*

**APTA Vestibular SIG Nominating Committee** *2015 – present*

**Clinical Director, Special Olympics FUN Fitness** *2004 – present*

**FPTA Assembly Representative** *2001 - 2003*

**US Quad Rugby Association Level I classifier** *February, 2001*

## **LANGUAGE**

**Spanish**

Some Spanish skills, over 10 years education in Spanish language- able to

Effectively communicate

## **REFERENCES**

Furnished upon request