

I. Magaly Freytes, Ph.D.

Research Health Scientist

Center of Innovation on Disability and Rehabilitation Research (CINDRR)
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Education

2007 to 2009, **Post-doctoral Fellowship**, U.S. Department of Veterans Affairs, Office of Academic Affiliations, Gainesville, FL
2000 to 2007, **Ph.D.** in Counselor Education & Supervision (Mental Health Counseling), University of Florida, Gainesville, FL. Dissertation Title: *Predictors of Attrition in Latino Alzheimer's Disease Caregivers in the REACH Trial: An Archival Investigation*
1997 to 1999, **M.Ed./Ed.S.** in Counselor Education (Mental Health Counseling), University of Florida, Gainesville, FL
1992 to 1996, **B.A.** in Sociology, University of Florida, Gainesville, FL

Professional Certifications/Licenses

2000 to Present, Licensed Mental Health Counselor (State of Florida)
2000 to 2009, Nationally Certified Counselor

Employment History

2011 to Present, **Co-Investigator**, U.S. Department of Veterans Affairs, VA Caribbean Healthcare System, San Juan, Puerto Rico
2009 to Present, **Core Investigator/Research Health Scientist**, U.S. Department of Veterans Affairs, Center of Innovation on Disability and Rehabilitation Research, Gainesville, FL
2008 to 2010, **Online Adjunct Instructor**, Argosy University, School of Professional Psychology & Behavioral Sciences, Sarasota, FL
2007 to 2009, **Post-doctoral Fellow**, U.S. Department of Veterans Affairs, Office of Academic Affiliations, Center of Innovation on Disability and Rehabilitation Research, Research Enhancement Award Program, N/SG VHS, Gainesville, FL
2002 to 2007, **Research Coordinator**, University of Florida, College of Public Health & Health Professions, Gainesville, FL
1999 to 2002, **Mental Health Counselor**, Meridian Behavioral Healthcare, Crisis Stabilization Unit, Gainesville, FL

Academic Appointments

2018 to Present, Courtesy Research Assistant Professor, School of Human Development & Organizational Studies, College of Education, University of Florida, Gainesville, FL

Clinical Experience

1996 to 2008, Phone Counselor, In-House Trainer, Intern, Care Team Associate, Care Team Consultant, Trainer, Alachua County Crisis Center, Gainesville, FL
1996 to 2004, Counselor IV, Meridian Behavioral Healthcare, Gainesville, FL

Funding to Research

2017 to 2022, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, CDA 13-023. *Strategies to Reduce Unnecessary Noninvasive Imaging: Multi-methods Assessment*. \$1,410,603. Start date 10/01/2017. David Winchester, PI.

2017 to 2021, Principal Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, IIR 15-117. *Spanish Online & Telephone Intervention for Caregivers of Veterans with Stroke*. \$1,092,017. Start date 10/01/2017.

2014 to 2018, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, IIR 11-343-2. *Utilizing the RESCUE Stroke Caregiver Website to Enhance Discharge Planning*. \$674,802. Start date 07/01/14. Constance Uphold, PI.

2014 to 2016, Investigator, U.S. Department of Veterans Affairs, Rehabilitation Research and Development, D1395-P (SPiRE). *Internet and Telephone Support Intervention for Stroke Caregivers*. \$200,000. Start date 04/01/14. Constance Uphold, PI.

2014 to 2016, Investigator, U.S. Department of Veterans Affairs, Rehabilitation Research and Development, 1121RX001431-01. *Eyes Behind the Video Camera: Partnering with Families for Home Safety*. \$200,000. Start date 04/01/14. Sergio Romero, PI.

2012 to 2016, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, CDP 11-441. *Program to Improve Adherence to Colonoscopy: Interviews with Veterans*. \$241,058. Start date 07/01/12. Shahnaz Sultan, PI.

2012 to 2014, Principal Investigator, U.S. Department of Veterans Affairs, Rehabilitation Research and Development, D7801-P. *Racial/Ethnic Variation in Family Functioning Post-deployment*. \$200,000. Start date 04/01/12.

2011 to 2013, Co-Principal Investigator, U.S. Department of Veterans Affairs, Office of Rural Health. *A Lifeline for Stroke Caregivers: Addressing Rural Health Disparities in Patient/Caregiver Education Resources and Health Literacy*. \$45,000. Start date 11/01/11. Constance Uphold, Co-PI.

2010 to 2011, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, QUERI RRP 09-179. *Printed and Web-Based Culturally-Relevant OEF/OIF Family Education*. \$100,000. Start date 05/01/10. Constance Uphold, PI.

2008 to 2011, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, QUERI SDP 06-327. *Web-Based Informational Materials for Informal Caregivers of Veterans Post Stroke*. \$633,300. Start date 04/01/08. Constance Uphold, PI.

- 2008 to 2009, Co-Principal Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, RRP 08-395. *Dissemination Evaluation of Educational Materials for Puerto Rican OEF/OIF Veterans and Families*. \$50,000. Start date 10/02/08. Constance Uphold, PI.
- 2008 to 2009, Principal Investigator, U.S. Department of Veterans Affairs, Employee Education System, VISN 8 Research Fellowship Award. *Pilot Study of a Patient Education Intervention to Improve Post-deployment Stress and Family Adjustment Among Puerto Rican Veterans*. \$6,000. Start date 04/01/08.
- 2008 to 2009, Co-Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, SHP 08-175. *Translation and Cultural Adaptation of a PTSD Therapy for Hispanics*. \$117,600. Start date 04/01/08. Maria L. Reyes-Rabanillo, PI.
- 2007 to 2009, Post-doctoral Fellow, U.S. Department of Veterans Affairs, Associated Health Post-Doctoral Fellowship Program in Health Services Research and Development. Salary and \$7,000 start-up funds. 09/04/07.
- 2006 to 2007, Investigator, U.S. Department of Veterans Affairs, Health Services Research and Development, QUERI RRP 06-185. *Education Materials for Puerto Rican OIF/OEF Veterans and Families*. \$50,000. 10/01/06. Constance Uphold, PI.
- 2000 to 2007, Research Coordinator, State of Florida Department of Elder Affairs, *Alzheimer's Caregiver Support Online (AlzOnline)*, University of Florida. \$250,000 (annual funding). 07/01/01. Robert Glauckauf/ William Mann, PI.

Funding to Demonstration Projects

- 2017 to 2018, Local Site Principal Investigator, U.S. Department of Veterans Affairs, Office of Rural Health, Veterans Rural Health Resource Center to Salt Lake City. *Dementia Caregiving Tele-Health Alliance*. \$218,052. Start date 10/01/17. P. Griffith, PI.
- 2017 to 2018, Investigator, U.S. Department of Veterans Affairs, Office of Rural Health, Veterans Rural Health Resource Center to Salt Lake City. *Health and Independent Living (HAIL) for Rural Veterans with Disabilities*. \$200,000. Start date 10/1/17. H. Jia, PI.
- 2017 to 2018, Investigator, U.S. Department of Veterans Affairs, Office of Rural Health. *Tele-rehabilitation Evaluation*. \$100,000. Start date 08/01/17. S. Romero, PI.
- 2017, Investigator, U.S. Department of Veterans Affairs, Office of Rural Health, Enterprise Wide Initiative. *Tele-rehabilitation Enterprise Wide Initiative Evaluation*. \$110,448. Start date 04/01/17. C. Levy, PI.
- 2016 to 2017, Investigator, U.S. Department of Veterans Affairs, Office of Rural Health, Veterans Rural Health Resource Center to Togus. *Health and Independent Living (HAIL) for Rural Veterans with Disabilities*. \$202,778. Start date 10/01/16. H. Jia, PI.
- 2016 to 2017, Local Site Principal Investigator, U.S. Department of Veterans Affairs, Office of Rural Health, Veterans Rural Health Resource Center to Togus. *Dementia Caregiving Tele-Health Alliance*. \$221,055. Start date 10/01/16. P. Griffith, PI.

- 2013 to 2014, Principal Investigator, U.S. Department of Veterans Affairs, Office of Geriatrics and Extended Care, Phase III NILTC, 573-5. *Web Support for Caregivers of Elderly Veterans with Dementia*. \$126,654. Start date 10/01/13.
- 2012 to 2013, Investigator, U.S. Department of Veterans Affairs, Office of Geriatrics and Extended Care, Phase III NILTC, 573-4. *Online and Telephone Skills-Building Program for Caregivers of Veterans with Stroke*. \$151,709. Start date 10/01/13. C. Uphold, PI.
- 2012 to 2013, Investigator, U.S. Department of Veterans Affairs, Office of Geriatrics and Extended Care, Phase III NILTC, 573-4. *Online and Telephone Skills-Building Program for Caregivers of Veterans with Stroke*. \$151,709. Start date 12/27/12. C. Uphold, PI.
- 2012 to 2013, Principal Investigator, U.S. Department of Veterans Affairs, Office of Geriatrics and Extended Care, Phase III NILTC, 573-5. *Web Support for Caregivers of Elderly Veterans with Dementia*. \$179,500. Start date 10/01/12.
- 2010 to 2011, Investigator, U.S. Department of Veterans Affairs, Office of Geriatrics and Extended Care. *Comparing Modalities for Tele-health Care Management of Elderly Patients and Their Caregivers*. \$100,000. Start date 11/01/10. R. Rupper, PI.

Funding to Other

- 2018, Innovator, U.S. Department of Veterans Affairs, VA Innovators Network. *Building Community Partnerships to Enhance Access to Care & Support Services for At-risk Veterans*. The Spark-Seed-Spread Innovation Funding Program. \$27,392. Start date 03/02/18.

Other Projects

- 2018, Collaborator, *Investigating the Impact of Multi-sensory Environments on Behavior for People with Dementia*. Non-funded dissertation study. Start date 12/01/17. R. Shorr, PI.

Mentoring

- Janet Lopez, Doctoral Program, University of Florida, College of Nursing (Jan 2018 to Present).
- Lesla Larrouso, Doctoral Program, University of Florida, College of Design, Construction, and Planning (Interior Design Program) (Aug 2014 to Present).
- Luz Semeah, National Institute on Disability, Independent Living, and Rehabilitation Research, Postdoctoral Research Fellow (Aug 2014 to Jul 2016).
- Leslie Santos, National Institute on Disability, Independent Living, and Rehabilitation, Research Postdoctoral Research Fellow (Aug 2014 to July 2016).
- Michael Brent Jordan, Undergraduate Program, University of Florida, College of Public Health and Health Professions (Jan 2014 to Apr 2014).
- Elina Kurkurina, Master's Degree Program, University of Florida, Social and Behavioral Sciences (Sept 2013 to Apr 2014).

Tasnia Osmani, Undergraduate Honors Program, University of Florida, College of Public Health and Health Professions (May 2013 to April 2014).
Meghan Lewis, Undergraduate Honors Program, University of Florida, College of Public Health and Health Professions (Sept 2011 to May 2013).
Ashely Williams, Undergraduate Honors Program, University of Florida, College of Public Health and Health Professions (Sept 2011 to May 2013).
Emmitt Martin, Master's Degree Program, University of Florida, Social and Behavioral Sciences Program (Jan 2011 to May 2012).

Refereed Publications

- Graf, R., LeLaurin, J., Schmitzberger, M., **Freytes, I. M.**, Orozco, T., Dang, S., & Uphold, C. R. (2017). The stroke caregiving trajectory in relation to caregiver depressive symptoms, burden, and intervention outcomes. *Top Stroke Rehabilitation, 24*(7), 488-495. doi: 10.1080/10749357.2017.1338371
- Sultan S., Partin M., Shah P., LeLaurin J., **Freytes I. M.**, Nightingale C., Fesperman S., Curbow B., & Beyth R. (2017). Barriers and facilitators associated with colonoscopy completion in individuals with multiple chronic conditions: A qualitative study. *Patient Preference and Adherence, 24*(11), 985-994.
- Freytes, I. M.**, LeLaurin, J. H., Zickmund, S. I., Resende, R. D., & Uphold, C. R. (2017). Exploring the long-term post-deployment reintegration experiences of returning Veterans with PTSD and their significant others. *American Journal of Orthopsychiatry, 87*(2), 147-156. doi: 10.1037/ort0000211
- Campbell, C. L., **Freytes, I. M.**, & Hoffman, N. (2015). A home-based intervention's impact on caregiver burden for veterans with dependence performing activities of daily living: An interdisciplinary approach. *Social Work in Health Care, 54*(5), 461-473.
- Uphold, C. R., Jordan M., & **Freytes M.** (2014). Family caregivers of Veterans: A critical review of the empirical literature and recommendations for future research. *Advances in Nursing Science, 32*, 155-202.
- Freytes, I. M.**, Hannold, E. M., Resende, R., Wing, K., & Uphold, C. R. (2013). The impact of war on Puerto Rican families: Challenges and strengthened family relationships. *Community Mental Health Journal, 49*, 466-476.
- Hannold, E. M., **Freytes, I. M.**, & Uphold, C. R. (2011). Unmet health service needs experienced by Puerto Rican OEF/OIF veterans and families post-deployment. *Military Medicine, 176*(4), 381-388.
- Uphold, C. R., Findley, K., Wing, K., **Freytes, M.**, Knauff, L., Shorr, R., Rodriguez, W., Whittle, J., & Beyth, R. J. (2010). Culturally-sensitive, senior-friendly health information for caregivers of veterans with strokes. *Federal Practitioner, 27*(9), 33-36.
- Parker, W. M., **Freytes, M.**, Hamilton, C. J., Woodruff, R., & Hord, R. (2004). The mentoring lab: A small group approach for managing emotions from multicultural counselor training. *The Journal for Specialists in Group Work, 29*(4), 361-375.

Education Guides

- Uphold, C. R., **Freytes, I. M.**, & Midolo, J. P. (2011). *Post-deployment readjustment guide for U.S. Virgin Islands veterans and their families*. Gainesville, FL: U.S. Department of Veterans Affairs, North Florida/South Georgia Veterans Healthcare System.

Uphold, C. R., & **Freytes, I. M.** (2008). *Guía de ayuda para el reajuste post-movilización de veteranos/as Puertorriqueños y familiares.* (Guide to help Puerto Rican veterans and families readjust post-deployment). Gainesville, FL: U.S. Department of Veterans Affairs, North Florida/South Georgia Veterans Healthcare System.

Reports

Cowper Ripley DC; Jia H; Wang X; **Freytes M**; Hale-Gallardo J; Castaneda G; Romero S. Trends in VA Tele-Rehabilitation Patients and Encounters Over Time and by Rurality. Management Report, Physical Medicine and Rehabilitation National Program Office, Washington DC, April, 2017.

Other Publications

Uphold, C. R., & Findley, K. (Eds). (2010). *A lifeline for stroke caregivers: Information and resources to keep your head above water.* Gainesville, FL: U.S. Department of Veterans Affairs, North Florida/South Georgia Veterans Healthcare System. Contributing author.

Published Research Journal Abstracts

Molina-Vicenty, I. L., Santiago, M., Vélez-Miro, I., Motta-Valencia, K., Borrás, I., Matos, A., Figueroa, J., Jones, G., **Freytes, M.**, Mendez-Villarubia, J., Jusion, K., Faris, V., Quijano, C., Sorando, D., Gonzalez, G., & Ocasio, L. (2017, November). *Model of traumatic brain injury using imaging & physiological parameters: Pilot study.* *Journal of Head Trauma Rehabilitation*, 32(6), E65-E103. doi: 10.1097/HTR.0000000000000241

Wilson, D. L., Bober, J., White, M., **Freytes, M.**, & Uphold, C. R. (2008, August). Development of the patient education evaluation rating scale (PEERS). *Journal of the American Geriatrics Society*, 56(4), Suppl. S1-S238, Abstract B76, S90.

Loomis, J. S., **Freytes, M.**, & Ketterson, T. U. (2005, April). Internet-based caregiver education support: Program evaluation. *Telemedicine and e-Health*, 11(2), 267-271.

Published Conference Proceedings

Loomis, J. S., **Freytes, M.**, & Witte, M. (2006). E-health innovations: Internet-based caregiver education and support. In W. C. Mann & A. Helal (Eds.), *Promoting independence for older persons with disabilities: Selected papers from the 2006 International Conference on Aging, Disability and Independence* (Vol. 18, pp. 113-120). Amsterdam: IOS Press.

Invited Lectures and Presentations

Freytes, M. (2018). *Spanish online & telephone intervention for caregivers of veterans with stroke.* Presented at Collaboration. It's What's For Lunch! Series sponsored by the University of Florida's Florida Blue Center for Health Quality, Gainesville, FL.

Santos Roman, L. M., & **Freytes, M.** (2015). *Functional, health and rehabilitation outcomes in Hispanic veterans with TBI: A systematic literature review.* Presented at National

- Institute of Health (NIH), Hispanic to Serving Health Professions, Bethesda, MD.
- del Valle, Luz E., **Freytes, M.**, Midolo, J., Collison, B., Wing, K., Hall, L., & Uphold, C. R. (2015). *Printed and web-based OEF/OIF/OND culturally-relevant family education materials*. Presentation for VA Caribbean Healthcare System Research Day, San Juan, Puerto Rico.
- Freytes, I. M.**, & Uphold, C. R. (2012). *RESCUE website en Español for caregivers of veterans post stroke*. Presentation for VA Caribbean Healthcare System Research Day, San Juan, Puerto Rico.
- Uphold, C. R., **Freytes, M.**, Knauff, L., Wing, K., Anderson, S., Easey, K. (2010). *Improving community reintegration of OEF/OIF veterans and families living in Puerto Rico through printed and web-based education*. Presentation for the 3rd Deployment Mental Health Symposium, Pensacola, FL.
- Freytes, M.** (2008). *The readjustment processes of Puerto Rican OEF/OIF veterans and families*. Invited Lecture, Department of Psychiatry, Georgetown University Medical Center, Washington, D.C.
- Freytes, M.**, Findley, K., & Schmitzberger, M. (2008). *DELIVER caregiving: Dementia expert link to improve veterans' experience with rural caregiving*. Presented at the GRECC/Geriatrics Works in Progress Pizza Lunch Seminar, Gainesville, FL.
- Freytes, M.** (2007). *La demencia: Los pacientes y cuidadores*. Invited Lecture, Department of Geriatrics and Extended Care, VA Caribbean Healthcare System, San Juan, Puerto Rico.
- Uphold, C. R., Rittman, M., Boylstein, C., Hannold, L., **Freytes, M.**, Bober, J., & Romero, S. (2007). *Readjustment process of OEF/OIF veterans & families living in Puerto Rico*. Paper presented at the NOVA Foundation 27th Annual Meeting to VA Nurses: The Power of One of Veterans Affairs, Arlington, VA.
- Uphold, C. R., Bober, J., Romero, S., Barak, S., **Freytes, M.**, & Wing, K. (2007). *Developing educational materials for OEF/OIF veterans and family members living in Puerto Rico*. Paper presented at Brown Bag Lunch Seminar at the VA Rehabilitation Outcomes Research Center, Gainesville, FL.
- Freytes, M.** (2005, September). *Seniors, disability, & diversity issues*. Invited Lecture, Seniors, Disability, & Human Rights Conference, Orlando, FL.
- Freytes, M.** (2005). *Clase de cuidado positivo: Manejando situaciones difíciles*. Invited Presentation, Mini-White House Conference on Aging, Orlando, FL.
- Freytes, M.** (2004). *Caregiver education and support: Using technology to bridge the gap in information*. Florida Atlantic University, College of Nursing Conference, Boca Raton, FL.
- Freytes, M.** (2003). *Información y apoyo para los familiares*. Invited Presentation, Memory Disorder Clinic Caregivers Seminar, University of Miami, FL.
- Glueckauf, R., & **Freytes, M.** (2003). *Caring for caregivers*. Invited Presentation, Florida Alzheimer's Summit, Florida House of Representatives, Tallahassee, FL.

Refereed Abstracts, Proceedings, Presentations

- Uphold, C. R., LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Hugon, R., Fehlberg, E., & **Freytes, I. M.** (2016). *Exploring racial variation in acceptability and outcomes of an internet and telephone support intervention for stroke caregivers*. VA Health Services Research & Development Health Field-Based Health Equity Research Meeting, Philadelphia, PA.
- Uphold, C. R., Dang, S., Jordan, M., **Freytes, I. M.**, Rutter, T., Ruiz, D., Schember, T., & Rogers, J. (2015). *Pilot test for a low-cost, telephone and online intervention for caregivers of veterans post-stroke*. VA Health Services Research & Development Annual Conference, Philadelphia, PA.
- Biggins, M. S., Hopkins, S., Patel, D., **Freytes, I. M.**, & Uphold, C. R. (2014). *The Veterans Health Administration and academic partnering to enhance academic success of combat veteran students*. Joining Forces to Restore Lives: Nursing Research, Education and Practice in Veterans Health, The Center for Advanced Medical learning and Simulation, Tampa, FL.
- Uphold, C. R., Midolo, J. P., **Freytes, I. M.**, del Valle, L., Wing, K. L., Knauff, L., & Findley, K. (2012). *Unmet needs of OEF/OIF/OND veterans and their families living in the U.S. Virgin Islands*. VA Health Services Research and Development Annual Meeting, National Harbor, MD.
- Resende, R., **Freytes, I. M.**, & Uphold, C. R. (2011). *Through the eyes of a square peg: Unpacking cultural meanings of post-deployment Puerto Rican veterans and their families through anthropological expertise at the VA*. Society for Applied Anthropology Annual Meeting, Seattle, WA.
- Hanjian, J., Wing, K., Knauff, L., Findley, K., **Freytes, M.**, Uphold, C. R. (2010). *Implementing a promotional campaign for a stroke caregiving website*. 3rd Annual NIH Conference on the Science of Dissemination and Implementation, Washington, DC.
- Uphold, C. R., **Freytes, I.**, Knauff, L., Wing, K., Anderson, S., & Easey, K. (2009). *Improving community reintegration of OEF/OIF veterans and families living in Puerto Rico through printed and web-based education*. 3rd Deployment Mental Health Symposium, Pensacola, FL.
- Hannold, L., **Freytes, M.**, Bober, J., & Uphold, C. (2008). *Post-deployment readjustment needs of Puerto Rican OEF/OIF veterans & families*. Academy Health Annual Research Meeting, Washington, DC.
- Posse, C.M., & **Freytes, M.** (2007). *The use of the telephone to support Hispanic dementia caregivers: An exploratory study*. International Conference on Aging, Disability, and Independence, St. Petersburg, FL.
- Murphy, M., & **Freytes, M.** (2006). *Teaching to the test: Avoiding common crisis intervention pitfalls*. American Association of Suicidology Annual Conference, Seattle, WA.
- Loomis, J.S., **Freytes, M.**, & Witte, M. (2006). *E-Health innovations: Internet-based caregiver education and support*. International Conference on Aging, Disability and Independence, St. Petersburg, FL.
- Loomis, J. S., **Freytes, M.**, & Ketterson, T.U. (2005). *Internet-based caregiver education and support: Program evaluation*. American Telemedicine Association Annual Meeting & Exposition, Denver, CO.

- Myers, D., **Freytes, M.**, & Wilson, J. (2004). *Advanced training techniques*. American Association of Suicidology Annual Conference, Miami, FL.
- Freytes, M.** (2003). *Alzheimer's caregivers support online*. Department of Elder Affairs' Second Annual Best Practices Exchange Conference, Tampa, FL.
- Parker, M. W., **Freytes, M.**, & Woodruff, R. (2003). *The multicultural mentoring lab*. Southern Association for Counselor Education and Supervision's Annual Conference, Chattanooga, TN.

Refereed Poster Presentations

- LeLaurin, J., Eliazar-Macke, N., **Freytes, I. M.**, Dang, S., Besterman-Dahan, K., Ruiz, D., Klanchar, A., Schmitzberger, M., & Uphold, C. (To be presented 2018, April). *The RESCUE intervention for stroke caregivers*. University of Florida's Primary Care Innovations Conference, Gainesville, FL.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., **Freytes, I. M.**, Orozco, T., & Uphold, C. (2017,). *The RESCUE skills-building program: Pilot study of an internet and telephone intervention for stroke caregivers*. American Public Health Association Annual Meeting, Atlanta, GA.
- Freytes, I. M.**, Ahern, J., Schmitzberger, M., Orozco, T., & Uphold, C. (2017). Web support for caregivers of elderly veterans with dementia. GEC Leads Conference, Orlando, FL.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., **Freytes, I. M.**, Orozco, T., & Uphold, C. (2017). Internet and telephone support intervention for stroke caregivers to reduce institutionalization of veterans. GEC Leads Conference, Orlando, FL.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., **Freytes, I. M.**, Orozco, T., & Uphold, C. (2017). Internet and telephone support intervention for stroke caregivers: A pilot study. University of Florida College of Medicine Celebration of Research, Gainesville, FL.
- LeLaurin, L., Schmitzberger, M., **Freytes, I. M.**, Eliazar-Macke, N., & Uphold, C. R. (2016). *Future research to improve quality of life of caregivers of veterans with chronic diseases*. VA Geriatric Research Education and Clinical Center (GRECC). Gainesville, FL.
- Uphold, C. R., LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Fehlberg, E., Hugon, R., Rogers, J., Jordan, M., & **Freytes, I. M.** (2016). *An internet and telephone support intervention for stroke caregivers living in rural and urban areas*. VA State of the Art Conference in Rural Health, Washington DC.
- Molina-Vicenty, I. L., Santiago, M., Vélez-Miro, MottaValencia, K., Figueroa, J., Jones, G., **Freytes, M.**, Santos Roman, L. M., et al. (2016). *Model of traumatic brain injury using imaging, physiological and psychosocial parameters. The VA Caribbean Healthcare System experience to Pilot study*. VA Rural Health State of the Science 2016. Washington, DC.
- LeLaurin, L., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Joseph, A., **Freytes, I. M.**, & Uphold, C. R. (2016). *Internet and telephone support intervention for stroke caregivers: A pilot study*. Florida Public Health Association 2016 Annual

Educational Conference: Challenges and Strategies for a New Age in Public Health, Orlando, FL.

- Santos Roman, L. M., & **Freytes, M.** (2015). *Functional, health and rehabilitation outcomes in Hispanic veterans with TBI: A systematic literature review*. Fall 2015 National Rehabilitation Education Conference. Arlington, VA.
- Uphold, C. R., Jordan, M., Rutter, T., Ruiz, D., Bartolomelo, N., Sorial, A. L., **Freytes, M.**, Fernandez, C., Barnett, S., Praisoody, A., & Dang, S. (2015). *Evaluation of a skills-building program for caregivers of veterans post-stroke*. 29th Annual Southern Nursing Research Society Annual Conference, Conducting Research in Difficult Times: Come Revitalize Your Research Spirit, Tampa, FL.
- Daniel, C. M., **Freytes, I. M.**, Osmani, T., Hicken, B. L., Luptak, M., Grant M., & Rupper, R. (2014). *Lessons learned: Recommendations for in-home caregiver support interventions*. Poster presented at the Gerontological Society of America Annual Scientific Meeting, Washington, DC.
- Uphold, C. R., **Freytes, I. M.**, Jordan, M., Rutter, T., Bartolomeo, N., Rogers, J., Wang, A., Schember, T., Fernandez, C., Praisoody, A., Dang, S., Ruiz, D., & Sorial, A. L. (2014). *Skills-building program for caregivers of veterans with stroke*. Paper presented at the GEC conference: The Way Forward, Virtual Conference.
- Uphold, C.R., **Freytes, I.M.**, Midolo, J., del Valle, L., & Easey, K. (2010). *Cultural influence on community reintegration of OEF/OIF veterans in Puerto Rico and the U.S. Virgin Islands*. Nursing Polytrauma Conference 5: Learning From Each Other, Arlington, VA.
- Uphold, C. R., Findley, K., **Freytes, I.**, Knauff, L., Wing, K., & Rodriguez, W. (2010). *Printed and web-based education for caregivers of stroke survivors*. 2010 American Geriatrics Society Annual Scientific Meeting, Orlando, FL.
- Findley, K., Anderson, S., Knauff, L., Wing, K., Hanjian, J., **Freytes, M.**, Shorr, R., Beyth, R., & Uphold, C. (2010). *Developing culturally-sensitive, low-literate and senior-friendly informational materials for caregivers of veterans with stroke*. Research in the Southeast to RFPs to Outcomes: Translating Research to Practice, Orlando, FL.
- Midolo, J. P., **Freytes, I. M.**, Wing, K., Uphold, C. R. (2010). *Needs assessment of returning OEF/OIF veterans to the United States Virgin Islands*. Research in the Southeast to RFPs to Outcomes: Translating Research to Practice, Orlando, FL.
- Uphold, C. R., Bober, J., Wing, K., & **Freytes, M.** (2008). *Community integration and Puerto Rican OEF/OIF veterans and families*. QUERI National Meeting, Phoenix, AZ.
- Uphold, C. R., Bober, J., **Freytes, M.**, Matos-Toro, M., & Warr-Wing, K. (2008). *Implementation science study to improve the readjustment process of Puerto Rican OEF/OIF veterans and families*. Academy Health Annual Research Meeting, Washington, DC.
- Freytes, M.**, Bober, J., Hannold, L., Wing, K., & Uphold, C. (2008). *The impact of war on the readjustment of Puerto Rican veterans & their families*. Academy Health Annual Research Meeting, Washington, DC.
- Freytes, M.**, Bober, J., Romero, S., Hannold, E., Barak, S., Wing, K., & Uphold, C. (2008). *A best practice approach to patient education for diverse populations* Veteran Health Administration, Department of Defense Facility Based Educators Conference, San Antonio, TX.

- Freytes, M.,** & Posse, M. C. (2008). *The experience of Hispanic dementia caregivers with support groups: An exploratory study*. American Geriatrics Society Annual Scientific Meeting, New Harbor, MD.
- Wilson, D. L., Bober, J., White, M., **Freytes, M.,** & Uphold, C. R. (2008). *Development of the patient education evaluation rating scale (PEERS), content validity assessment*. American Geriatrics Society Annual Scientific Meeting, Washington, DC.
- Sanabria, S., & **Freytes, M.** (2003). *Homosexuality and religion: Implication for counselors*. American Counseling Association Annual Conference, Anaheim, CA.

Other Poster Presentations

- LeLaurin, L., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Joseph, A., **Freytes, I. M.,** & Uphold, C. R. (2016). *Internet and telephone support intervention for stroke caregivers: A pilot study*. Poster session at the 7th Annual Spotlight on Aging Research: Focus on Inflammation and Aging, Gainesville, FL.
- Uphold, C. R., Findley, K., **Freytes, I. M.,** Knauff, L., Wing, K., & Rodriguez, W. (2010). *Printed and web-based education for caregivers of stroke survivors*. Shands at UF Stroke Program Awards Ceremony & Reception, Gainesville, FL.
- Wilson, D. L., Bober, J., White, M., **Freytes, M.,** & Uphold, C. (2008). *Development of the patient education evaluation rating scale (PEERS), content validity assessment*. Poster session presented at Gainesville Veterans Administration Medical Center Research Day, Gainesville, FL.

Journal Review Experience

- 2017 to Present, Manuscript Peer Reviewer, *Topics in Stroke Rehabilitation*
- 2011 to Present, Manuscript Peer Reviewer, *Military Medicine*
- 2008 to 2016, Manuscript Peer Reviewer, *Journal of Rehabilitation Research & Development*

Panel Review Experience

- 2007 to Present, Grant Proposal Reviewer, Center of Innovation on Disability and Rehabilitation Research, Internal Grant Review Committee
- 2013 to 2014, Scientific Merit Review Board Member, VA Rehabilitation Research & Development
- 2008, Abstract Reviewer for 2008 QUERI National Meeting

Service Activities

- 2017 to Present, Co-leader, CINDRR Focus 1 Group (Community Re-integration & Caregiving)
- 2016 to Present, Co-leader, CINDRR Implementation Core (GV site)
- 2014 to 2016, Co-leader, CINDRR Mentoring Committee
- 2009 to Present, Member, VA Special Interest Group on Caregiving Research
- 2008 to Present, Member, VA Polytrauma and Blast-Related Injuries Quality Enhancement Research Initiative (QUERI)
- 2008 to Present, Member, CINDRR Focus 3: Community Reintegration, Center of Innovation in Disability Rehabilitation Research, Gainesville, Florida
- 2008 to Present, Member, Stroke QUERI Workgroup Team 2: Rehabilitation and Recovery, VA Stroke Quality Enhancement Research Initiative (QUERI)

2008 to 2010, Member and CDA Representative, Career Development Mentoring Committee, Rehabilitation Outcomes Research Center, Gainesville, Florida
2006 to 2007, Member and Faculty, North Central Florida Crisis Intervention Training Team, Gainesville, Florida
1997 to 1999, Member, Chi Sigma Iota, Beta Chapter, University of Florida
1997, Chair, Awards Committee, Chi Sigma Iota, Beta Chapter, University of Florida
1996 to Present, Volunteer, Alachua County Crisis Center (Phone Counselor, In-house Trainer, Intern, Care Team Associate, Care Team Consultant, Trainer)

Memberships

2012 to Present, Member, VA Caregiving Special Interest Group
2000 to 2001, Association for Spiritual, Ethical, and Religious Values in Counseling (ASERVIC), formerly the Association for Religious and Values Issues in Counseling (ARVIC)
1998 to 2008, American Counseling Association
1998 to 2005, American Association of Suicidology

Awards and Recognition

VA 10 Years' Service Award, 2017
VA Award of Excellence, Performance Appraisal, 2017
Recipient of the VISN 8 Research Fellowship Award, 2008
Award of Excellence, Continued Clinical Service, Alachua County Crisis Center, 2006 to 2007
Award of Excellence, Trainer, Alachua County Crisis Center, 2007
Award of Excellence, Crisis Intervention Training (CIT), Alachua County Crisis Center, 2007
Recipient of the Delores Auzenne Fellowship, Academic year 2005 to 2006
Outstanding Performance Team Award, State of Florida Department of Children and Families, 2005
Recipient of the Harold Riker Scholarship Award, 2004
Recipient of the Delores Auzenne Fellowship, Academic year 2001 to 2002
Distinguished Service Award, Alachua County Crisis Center, 2002 to 2006
Award of Excellence, Care Team, Alachua County Crisis Center, 1999
Award of Excellence, In-House Trainer, Alachua County Crisis Center, 1999
Award of Excellence, Phone Counselor, Alachua County Crisis Center, 1998

Other Skills

Bilingual, English and Spanish
Experienced with diverse populations

Lean Six Sigma (LSS) Yellow Belt

Proficient in Microsoft Software, Outlook, SharePoint, Internet, Social Medi