

Jacquelyn M. Paykel, MD, FACOG

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WORK

James A. Haley Veterans' Hospital & Clinics Women's Center, 2014 – present

Gynecologist, Integrative Medicine Specialist

Director: THRIVE Program

Chief of Whole Health Services

Tampa, Florida 33612

Medical College of Wisconsin, Milwaukee, WI 53226, 2010 – 2014

Prevea Health (Locum Tenens), Green Bay, WI 54307-9070, 2009-2010

Riverside Medical Group, Williamsburg, VA 23188, 2008-2009

Medical Associates Health Centers / ProHealth Care, Menomonee Falls, WI 53051, 2006-2008

United States Navy, Portsmouth, VA 23708-2197, 2001-2006

LICENSURE

State of Wisconsin – Medicine & Surgery, 1998 – present

BOARD STATUS

American Board of Obstetrics and Gynecology Diplomate, 2004 – present

EDUCATION

University of California, Berkley, 2015

Certification: Science of Happiness

San Diego Sexual Medicine Preceptorship, 2014

Preceptor: Dr. Irwin Goldstein

University of Arizona, 2007 – 2008

Arizona Center for Integrative Medicine

Integrative Medicine Fellowship Education

University of Wisconsin Hospital and Clinics, 1998 – 2001

Department of Obstetrics and Gynecology

Resident Education

University of Iowa Hospital and Clinics, 1997 – 1998

Department of Obstetrics and Gynecology

Internship

University of Wisconsin Medical School, 1992 – 1997

Medical Education

University of Wisconsin – Milwaukee, 1987 – 1992

Undergraduate Bachelor of Arts

Major: Anthropology

HONORS

2018 *Tampa Bay Business Journal* Heroes at Work Award

Lifetime Achievement Award – Menomonee Falls High School

Promotion to Lieutenant Commander – United States Navy

Berlex Junior Faculty Development Award
Leadership Award – University of Wisconsin Medical School
Phi Beta Kappa Graduate Scholarship
United States Navy Health Professional Scholarship
Summa Cum Laude Graduate – University of Wisconsin, Milwaukee
Phi Beta Kappa National Honor Society
Phi Kappa Phi National Honor Society

ACTIVITIES

Whole Health Services, Service Chief, 2017 to present
Complementary and Integrative Health Committee Co-Chair, 2017 to present
VA Voices Faculty Facilitator, 2017 to present
University of South Florida Resident Wellness Development and Delivery, 2016 to present
THRIVE Immersion Staff Development, Developer and Integrative Team Member, 2016 to present
THRIVE (Transforming Health and Resilience through Integration of Values-based Experiences)
Group Medical Appointments Developer & Integrative Team Member, 2016 to present

AFFILIATIONS

American Board of Obstetrics and Gynecology - Diplomate
American Congress of Obstetricians and Gynecologists – Fellow
Academy of Integrative Health and Medicine
International Society for the Study of Women's Sexual Health
North American Menopause Society – Certified Menopause Practitioner

RESEARCH

Prevalence of Sexual Dysfunction and Sexual Distress in Women Veterans, 2015 to present
Integrative Group Medical Appointments to Improve Life Satisfaction and Veteran Whole Health, 2015 to present
GBS Vaginitis Contributing to Sexual Dysfunction, 2012 to 2014
Urinary Symptoms and Progressive Pelvic Floor Stimulation, 2012 to 2014
Prevalence of Postpartum Depression in Military Beneficiaries, 2003 to 2006
Faculty Development and Residency Training, Staff Frustration with Change in Resident Work Hours, 2002 to 2003
Post-Cesarean Pain Control – PCA vs. PRN, 2000 to 2001
Anticipating Postpartum Depression, 1999 to 2001
Development of SPECTRUM – a new surgical instrument, 1998-2002
Cross-Cultural Comparison of Breastfeeding, A Literature Review, 1997

PUBLICATIONS

Chapter: Integrative approach to female sexual dysfunction. Integrative Sexual Health. Oxford Series. 2016
Chapter: Integrative obstetrics. Integrative Women's Health. V Maizes, T Low Dog (ed). Oxford Series. 2010, 2015
Chapter: Integrative gynecology. Integrative Health Care. B Jacobs (ed) Revolution Health. Washington, D.C. 2008
Prevalence of postpartum depression in military beneficiaries – Abstract – Ob Gyn 2006;
Postpartum depression. CREOG Resident Quiz 2003; No. 65
Moraxella (Branhamella) catarrhalis. Primary Care Update for OB/GYNs 2002; 9(1);33-35

Use of the Lone Star Retractor System to enhance exposure during radical vulvectomy. J Gyn Tech 1999;(9);111-113
Concerns about recommending routine screening mammograms for women aged 40-49. J Natl Cancer Inst 1997;89(12);889

PROFESSIONAL PRESENTATIONS

Burnout, Whole Health & Values-based Living, Dental VISN Lead, Annual Leadership Meeting, 2018
Whole Health: What Really Matters to You? James A. Haley Network, 2017-2018
THRIVE: Transforming Health and Resiliency through Integration of Values-Based Experiences, Office of Patient Centered Care & Cultural Transformation, Multiple Veterans Administration Healthcare Facilities, 2015-2018
Whole Health and Resident Wellness, University of South Florida Grand Rounds, 2017
The Pursuit of Happiness, James A. Haley Primary Care Freedom Friday Presentation, 2016
Evidenced-based Approach to Female Hypoactive Sexual Desire Disorder, International Society of Studies in Women's Sexual Health – CME, 2016
Arousing Aphrodite – Female Sexual Health, Nursing Review (CEU), 2016
(Please request full CV for complete list)

POSTER/ ACADEMIC CONFERENCE PRESENTATIONS

Residents THRIVE, Association of American Medical Colleges: Continuum Connections, 2018
Evidence-based Approach to Women's Hormone Management, Thrive: The Integrative Conference for Women's Health, 2012
Prevalence of Postpartum Depression in Military Beneficiaries, Annual Clinic Meeting, ACOG, 2006
Staff Frustration with Change in Resident Work Hours, Annual Research Competition, NMCP, 2003

ACADEMIC INTERESTS:

Whole Health, Women's Health, Applied Positive Psychology, Provider Wellness, Mindfulness, Leadership in Medicine, Healing Environments, Spirituality in Medicine, Change Management, Cultural Transformation

Last Update: April 30, 2018