

# CURRICULUM VITAE

## **Constance Rae Uphold, PhD, ARNP, FAAN**

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## **EDUCATION**

1969-1973, Pennsylvania State University, BS, Nursing

1977-1979, Pennsylvania State University, MS, Transcultural Nursing; Family Nurse Practitioner

1983-1988, University of Maryland, PhD, Nursing

1997-1999, U.S. Department of Veterans Affairs, Health Services Research and Development, Postdoctoral Nurse Research Fellowship

2001-2005, U.S. Department of Veterans Affairs, Health Services Research and Development, Research Career Development Award

## **CERTIFICATION**

1990, Certified Registered Family Nurse Practitioner, American Nurses Association; Recertified in 1996 and 2001

## **LICENSURE**

1979, Licensed as a Family Nurse Practitioner – Pennsylvania

1989, Licensed as a Family Nurse Practitioner – Florida

## **EMPLOYMENT HISTORY**

1974, Albert Einstein Medical Center, Philadelphia, PA, Staff nurse in medical-surgical unit

1975-76, Pennsylvania State University School of Nursing, University Park, PA, Clinical Instructor, Community Health Nursing, Baccalaureate Program

1976-79, Centre Community Hospital, State College, PA, Staff nurse in emergency room

1979, Pennsylvania State University, School of Nursing, University Park, PA, Research Assistant (part-time)

1979-80, Bronx Municipal Hospital Center, Bronx, NY, Staff nurse in emergency room

1980-81, Misericordia Hospital School of Nursing, Bronx, NY, Instructor, Medical-Surgical and Rehabilitation Nursing, Associate Degree Program

1981-86, University of Maryland, School of Nursing, Baltimore, MD, Instructor, Community and Family Health Nursing, RN Baccalaureate Program

1986, University of Maryland, Office of the Chancellor, Planning Committee on Gerontology Education, Baltimore, MD, Research Assistant (part-time)

1987-89, University of Florida, College of Nursing, Gainesville, FL, Visiting Assistant Professor, Community and Family Health Nursing, Baccalaureate Program

1989-97, University of Florida, College of Nursing, Gainesville, FL, Assistant Professor, Family Nurse Practitioner Program, Graduate Program

1994-96, Milla Pediatrics, Gainesville, FL, Nurse practitioner in general pediatrics (part-time)

1994-96, University of Florida, College of Nursing Faculty Practice Plan - Contract with College of Medicine, Department of Infectious Disease, Gainesville, FL (part-time)

1996-2000, University of Florida, College of Nursing Faculty Practice Plan - Ryan White Care Consortium, Model HIV/AIDS Clinical Rural Outreach Program, Putnam, Sumter, and Columbia Counties, Florida (part-time)

1997-2000, University of Florida, College of Nursing, Gainesville, FL, Associate Professor, Family Nurse Practitioner Program, Graduate Program

2000-2006, Department of Veterans Affairs, NF/SG VHS, Gainesville, FL, Research Scientist - Brain Rehabilitation Research Center (2000-2001); Nurse Practitioner in Infectious Disease (2001-2004); Magnet Coordinator in Nursing Service (2005-2006)

2005-2009, University of Florida, College of Nursing, Associate Professor Department of Women's, Children & Family Nursing (2005-2006) – 15% effort, Department of Adult & Elderly Nursing (2007-2009) – 7 - 15% effort

2006-11, Department of Veterans Affairs, NF/SG VHS, Gainesville, FL, Geriatric Research Education Clinical Center, Associate Director of Education/Evaluation, Rehabilitation Outcomes Research Center, Research Health Scientist  
2006-present, University of Florida, College of Medicine, Associate Professor, Department of Aging & Geriatrics, College of Medicine – 5-15% effort  
2011-present, Department of Veterans Affairs, NF/SG VHS, Gainesville, FL, Geriatric Research Education Clinical Center, Associate Director of Implementation and Outcomes Research, Center of Innovation on Disability and Rehabilitation Research, Research Health Scientist  
2016-present, Department of Veterans Affairs, NF/SG VHS, Gainesville, FL, Geriatric Research Education Clinical Center, Acting Associate Director of Research

## **OTHER ACADEMIC APPOINTMENTS**

2003-2012, Courtesy Professor, Department of Health Services Research, Management, and Policy, College of Public Health and Health Professions, University of Florida  
2014-present, Courtesy Professor, College of Nursing, University of Florida

## **BOOKS**

**Uphold, C. R., & Graham, M. V.** (1993). *Clinical guidelines in family practice* (1st ed.). Gainesville, FL: Barmarrae Books. 821 pages.  
**Uphold, C. R., & Graham, M. V.** (1994). *Clinical guidelines in family practice* (2nd ed.). Gainesville, FL: Barmarrae Books. 852 pages.  
Graham, M. V., & **Uphold, C. R.** (1994). *Clinical guidelines in child health* (1st ed.). Gainesville, FL: Barmarrae Books. 660 pages.  
**Uphold, C. R., & Graham, M. V.** (1994). *Clinical guidelines in adult health* (1st ed.). Gainesville, FL: Barmarrae Books. 729 pages.  
**Uphold, C. R., & Graham, M. V.** (1998). *Clinical guidelines in family practice* (3rd ed.). Gainesville, FL: Barmarrae Books. 910 pages.  
**Uphold, C. R., & Graham, M. V.** (1999). *Clinical guidelines in adult health* (2nd ed.). Gainesville, FL: Barmarrae Books. 769 pages.  
Graham, M. V., & **Uphold, C. R.** (1999). *Clinical guidelines in child health* (2nd ed.). Gainesville, FL: Barmarrae Books. 729 pages.  
**Uphold, C. R., & Graham, M. V.** (2003). *Clinical guidelines in family practice* (4th ed.). Gainesville, FL: Barmarrae Books. 974 pages.  
**Uphold, C. R., & Graham, M. V.** (2003). *Clinical guidelines in adult health* (3rd ed.). Gainesville, FL: Barmarrae Books. 866 pages.  
Graham, M. V., & **Uphold, C. R.** (2003). *Clinical guidelines in child health* (3rd ed.). Gainesville, FL: Barmarrae Books. 782 pages.  
**Uphold, C. R., & Freytes, I. M.** (2008). *Guía de ayuda para el reajuste post-movilización de veteranos/as Puertorriqueños y familiares. (Guide to Help Puerto Rican Veterans and Families Readjust Post-Deployment)*. Department of Veterans Affairs, North Florida/South Georgia Veterans Healthcare System, Gainesville, FL.  
**Uphold, C. R., & Findley, K.** (2010). *A lifeline for stroke caregivers: Information for resources to keep your head above water*. Washington DC: Government Printing Office, Department of Veterans Affairs.  
**Uphold, C. R., Freytes, I. M., & Midolo, J. P.** (2011). *Post-deployment readjustment guide for US Virgin Islands Veterans and Their Families*. Department of Veterans Affairs, North Florida/South Georgia Veterans Healthcare System, Gainesville, FL.  
**Uphold, C. R., & Graham, M. V.** (2013). *Clinical guidelines in family practice* (5th ed.). Gainesville, FL: Barmarrae Books. 1024 pages.

## **MONOGRAPHS**

**Uphold, C. R.** (Ed.). (2000). *Challenges and opportunities for integrating community health in nurse practitioner education*. Washington D.C.: National Organization of Nurse Practitioner Faculties.

**Uphold, C. R.,** Guzman, A., & Werner, K. (Eds.). (2003). *Community health and nurse practitioner education: The NONPF faculty-to-faculty mentoring program*. Washington D.C.: National Organization of Nurse Practitioner Faculties.

## CHAPTERS IN BOOKS AND MONOGRAPHS

- Uphold, C. R.** (1991). Social support. In J. Creasia & B. Parker (Eds.), *Conceptual foundations of professional nursing practice* (pp. 445-470). St. Louis: CV Mosby.
- Uphold, C. R.,** & Strickland, O. R. (1993). Issues related to the unit of analysis in family nursing research. In G. D. Wegner & R. J. Alexander (Eds.), *Readings in family nursing* (pp. 151-161). Philadelphia: Lippincott.
- Uphold, C. R.,** & Johns, T. (1999). Upper respiratory problems. In E. Q. Youngkin, K. B. Sawin, J. F. Kissinger, D. S. Israel, & G. C. Briggs (Eds.), *Pharmacotherapy: A primary care clinical guide* (pp. 369-391). Stamford, CT: Appleton & Lange.
- Uphold, C. R.** (2000). Description of the faculty-to-faculty mentoring program in community health. In C. R. Uphold (Ed.). *Challenges and opportunities for integrating community health in nurse practitioner education* (pp. 3-11). Washington D.C.: National Organization of Nurse Practitioner Faculties.
- Uphold, C. R.** (2000). Issues and challenges for integrating community health in nurse practitioner programs. In C. R. Uphold (Ed.). *Challenges and opportunities for integrating community health in nurse practitioner education* (pp. 119-126). Washington D.C.: National Organization of Nurse Practitioner Faculties.
- Uphold, C. R.** (2002). Community health and nurse practitioner education. In M. K. Crabtree & R. Pruitt (Eds.), *Advanced nursing practice: Building curriculum for quality nurse practitioner education* (pp.75-85). Washington DC: National Organization of Nurse Practitioner Faculties.
- Uphold, C. R.** Guzman, A., & Werner, K. (Eds.). (2003). NONPF faculty-to-faculty mentoring program in community health: Overview and future directions. In Uphold, C. R., Guzman, A., & Werner, K. (Eds.). *Community health and nurse practitioner education: The NONPF faculty-to-faculty mentoring program* (pp. 3-10). Washington D.C.: National Organization of Nurse Practitioner Faculties.

## REFEREED PUBLICATIONS

- Uphold, C. R.,** & Susman, E. J. (1981). Self-reported climacteric symptoms as a function of the relationships between marital adjustment and child-rearing stage. *Nursing Research*, 30(2), 84-88.
- Uphold, C. R.** (1983). Using an individualized clinical evaluation strategy to motivate the RN student. *Journal of Nursing Education*, 22(9), 397-400.
- Uphold, C. R.,** & Susman, E. J. (1985). Child-rearing, marital, recreational and work role integration and climacteric symptoms in midlife women. *Research in Nursing and Health*, 8, 73-81.
- Uphold, C. R.,** & Harper, D. C. (1986). Methodological issues in intergenerational family nursing research. *Advances in Nursing Science*, 8(3), 38-49.
- Uphold, C. R.,** & Morgan, L. A. (1988). Understanding intergenerational relationships: A theoretical review and synthesis. *Gerontology Review*, 1, 1-15.
- Uphold, C. R.,** & Strickland, O. R. (1989). Issues related to the unit of analysis in family nursing research. *Western Journal of Nursing Research*, 11(4), 405-417.
- Uphold, C. R.** (1991). Positive affect between adult women and their mothers and mothers-in-law. *Journal of Women and Aging*, 3(4), 97-116.
- Graham, M. V. & **Uphold, C. R.** (1992). Health perceptions and behaviors of school-age boys and girls. *Journal of Community Health Nursing*, 9(2), 77-86.
- Graham, M. V., **Uphold, C. R.,** Blakeslee, D. J., Gibbons, R. B., & Barnes, M. M. (1992). Program evaluation of a school-based clinic: One method of demonstrating effectiveness. *Journal of Nursing Care Quality*, 7(1), 70-79.
- Uphold, C. R.,** & Graham, M. V. (1993). Schools as centers for collaborative services for families: A vision for change. *Nursing Outlook*, 41(5), 204-211.
- Graham, M. V., & **Uphold, C. R.** (1997). Using the case method: An effective strategy for nurse practitioner educators. *Clinical Excellence for Nurse Practitioners*, 1(3), 1-7.
- Singer, L., **Uphold, C. R.,** Graham, M. V., & Hernandez, B. (1997). Lead poisoning and associated risk factors among preschoolers enrolled in a Head Start program. *Public Health Nursing*, 14(3), 161-168.

- Hernandez, B., Uphold, C. R., Graham, M. V., & Singer, L. (1998). Prevalence and correlates of obesity in preschoolers. *Journal of Pediatric Nursing, 13*(2), 68-76.
- Uphold, C. R.,** Smith, M. F., & Bender, B. S. (1998). Failure of a prospective trial to detect cytomegalovirus retinitis after initiation of highly active antiretroviral therapy. *AIDS Patient Care and STDs, 12*(12), 907-912.
- Uphold, C. R.,** Lenz, E. R., & Soeken, K. L. (2000). Social support transactions between professional and nonprofessional women and their mothers. *Research in Nursing and Health, 23*(12), 447-460.
- Kim, B., Lyons, T. M., Parada, J. P., **Uphold, C. R.,** Yarnold, P. R., Hounshell, J. B., Sipler, A. M., Goetz, M. B., DeHovitz, J. A., Weinstein, R. A., Campo, R. E., & Bennett, C. L. (2001). HIV-related *Pneumocystis carinii* pneumonia in older patients hospitalized in the early era of HAART. *Journal of General Internal Medicine, 16*(9), 583-589.
- Pohl, J. M., Duderstadt, K., Tolve-Schoenberger, C. T., **Uphold, C. R.,** & Hartig, M. T. (2002). Faculty practice: What the data show? Findings from NONPF Faculty Practice Survey. *Nursing Outlook, 50* (6), 238-246. (selected for special anniversary issue: *Nursing Outlook, 2013, 60*(5), 250-258).
- Uphold, C. R.,** Deloria-Knoll, M., Palella, F. J., Jr., Parada, J. P., Chmiel, J. S, Phan, L., & Bennett, C. L., (2004). U.S. hospital care for HIV-infected persons and the role of public, private, and Veterans Affairs hospitals in the era of early HAART. *Chest, 125*, 548-556.
- Sureka, A., Parada, J. P., Deloria-Knoll, M., Chmiel, J. S., Phan, L., Lyons, T. M., Ali, S., Yarnold, P. R., Weinstein, R. A., DeHovitz, J. A., Jacobson, J. M., Goetz, M. B., Campo, R. E., Berland, D., Bennett, C. L., & **Uphold, C. R.** (2004). HIV-related pneumonia care in older patients hospitalized in the early era of HAART. *AIDS Patient Care and STDs, 18*(2), 99-108.
- Uphold, C. R.,** Maruenda, J., Yarandi, H. N., Sleasman, J.W., & Bender, B. S. (2004). HIV and older adults: Clinical outcomes in the era of HAART. *Journal of Gerontological Nursing, 30*(7), 16-24.
- Jia, H., **Uphold, C. R.,** Wu, S., Reid, K., Findley, K., & Duncan, P. W. (2004). Health-related quality of life among men with HIV infection: Effects of social support, coping, and depression. *AIDS Patient Care and STDs, 18*(10), 594-603.
- Burg, M. A., **Uphold, C. R.,** Findley, K. & Reid, K. (2005). Complementary and alternative medicine use among HIV-infected patients attending three outpatient clinics in the southeastern United States. *International Journal of STDs and AIDS, 17*(2), 112-116.
- Shehan, C. L. **Uphold, C. R.,** Bradshaw, P., Bender, J. M., Arce, N., & Bender, B. S. (2005). To tell or not to tell: Men's disclosure of their HIV-positive status to their mothers. *Family Relations, 54*(2), 184-196.
- Jia, H., **Uphold, C. R.,** Wu, S., Chen, G.J., & Duncan, P.W. (2005). Predictors of changes in health-related quality of life among men with HIV infection in the HAART era. *AIDS Patient Care and STDs, 19*(6), 385-405.
- Uphold, C. R.,** & Mkanta, W.N. (2005). Use of health care services among persons living with HIV infection: State of the science and future directions. *AIDS Patient Care and STDs, 19*(8), 473-485.
- Uphold, C. R.,** Rane, D., Reid, K., & Tomar, S. L. (2005). Mental health differences between rural and urban men living with HIV infection in various age groups. *Journal of Community Health, 30*(5), 355-375.
- Tromble-Hoke, S. M., Langkamp-Henken, B., Reid, K., Hoffinger, R., & **Uphold, C. R.** (2005). Severe stress and use of stress management behaviors are associated with nutrition-related parameters in men with HIV/AIDS. *Journal of American Dietetics Association, 105*(10), 1541-1548.
- Frame, M. W., **Uphold, C. R.,** Shehan, C. L., & Reid, K. (2005). The effects of spirituality on health-related quality of life in men with HIV/AIDS. *Counseling and Values, 50*(1), 5-19.
- Cole, S. B., Langkamp-Henken, B., Bender, B. S., Findley, K., Herrlinger-Garcia, K. A., **Uphold, C. R.** (2005). Oxidative stress and antioxidant capacity in smoking vs. nonsmoking men with HIV/AIDS. *Nutrition in Clinical Practice, 20*(6), 662-667.
- Pulcini, J., Wilbur, J., Allan, J., Hanson, C., & **Uphold, C. R.** (2006). Determining criteria for excellence in nurse practitioner education: Use of the Delphi technique. *Nursing Outlook, 54*(2), 102-110.
- Mkanta, W. N., & **Uphold, C. R.** (2006). Theoretical and methodological issues in conducting research related to health care utilization among individuals with HIV infection. *AIDS Patient Care and STDs, 20*(4), 67-77.
- Jia, H., **Uphold, C. R.,** Zheng, Y., Wu, S., Chen, G. J., Findley, K., & Duncan, P. W. (2007). A further investigation of health-related quality of life over time among men with HIV infection in the HAART era. *Quality of Life Research, 16*, 961-968.

- Uphold, C. R.,** Holmes, W., Reid, K., Findley, K., & Parada, J. P. (2007). Healthy lifestyles and health-related quality of life among men living with HIV infection. *Journal of Association of Nurses in AIDS Care, 18*(6), 54-66.
- Beyth, R. J., Wing, K., & **Uphold, C. R.** (2007). Applying direct-to-consumer marketing techniques to stroke prevention education. *Federal Practitioner, 24*(12), 47-48, 51
- Frame, M. W., **Uphold, C. R.,** Shehan, C. L., & Reid, K. J. (2008). Longitudinal effects of spirituality on stress, depression and risk behaviors among men with HIV/AIDS attending three clinics in the southeastern United States. *Journal of Spirituality and Mental Health, 10*(2), 145-168.
- Bormann, J., **Uphold, C. R.,** & Maynard, C. (2009). Predictors of complementary/alternative medicine use and intensity among men living with HIV infection from two geographic areas in the United States. *Journal of Association of Nurses in AIDS Care, 20*(6), 468-480.
- Jeffries, W., Peek, C., Zsembik, B. & **Uphold, C. R.** (2009). A longitudinal analysis of sociodemographic and health predictors of sexual health among men living with HIV infection in the United States. *Sexual Health, 6*, 285-292.
- Parada, J. P., Yarnold, P. R., **Uphold, C. R.,** Sipler, A. M., Chmiel, J. S., Chan, C., Goetz, M. B., DeHovitz, J. A., Weinstein, R. A., & Bennett, C. L. (2010). Race variations in care and outcomes among hospitalized patients with HIV-related *Pneumocystis carinii* pneumonia in the era of HAART. *Journal of Health Care for the Poor and Underserved, 21*(1), 318-333.
- Uphold, C. R.,** Findley, K. L., Freytes, I. M., Knauff, L., Shorr, R. I., Rodriguez, W., Whittle, J., & Beyth, R. J. (September 2010). Culturally-sensitive, senior-friendly health information for caregivers of Veterans with stroke. *Federal Practitioner, 27*(9), 33-36.
- Hannold, E. M., Freytes, I. M., & **Uphold, C. R.** (2011). Unmet health service needs experienced by Puerto Rican OEF/OIF veterans and families post-deployment. *Military Medicine, 176*(4), 381-388.
- Uphold, C. R.,** Shehan, C. L., Bender, J. M., & Bender, B. S. (2012). Emotional bonds and social support between men living with HIV and their mothers. *American Journal of Men's Health, 6*(2), 97-107. (Also published online August 3, 2011 in *Am J Mens Health Online 1557988311413118*, as doi:10.1177/1557988311413118, access at <http://jmh.sagepub.com>)
- Freytes, I. M., Hannold, E. M., Resende, R., Wing, K., & **Uphold, C. R.** (2013). The impact of war and readjustment in the home and community of returning Puerto Rican veterans and their families. *Community Mental Health Journal, 49*, 466-476. (Published online February 12, 2010 in *Community Mental Health Journal* as DOI 10.1007/s10597-012-9486-1, access at <http://www.springerlink.com>)
- Uphold, C. R.,** Jordan, M., & Freytes, M. (2014). Family caregivers of Veterans: A critical review of the empirical literature and recommendations for future research. *Annual Review of Nursing Research, 32*, 155-202.
- Anton, S. D., Woods, A. J., Ashizawa, T., Buford T. W., Carter, C. S., Clark, D. J., Cohen, R. A., Corbett, D. B., Cruz-Almeida, Y., Dotson, V., Ebner, N., Efron, P. A., Fillingim, R. B., Foster, T. C., Gundermann, D. M., Joseph, A., Karabetian, C., Leeuwenburgh, C., Manini, T. M., Marsiske, M., Mutchie, H. L., Perri, M. G., Ranka, S., Sandesara, B., Scarpace, P. J., Sibille, K. T., Solberg, L. M., Someya, S., **Uphold, C. R.,** Wu, S. S., & Pahor, M. (2015). Successful aging: Advancing the science of physical independence in older adults. *Ageing Research Reviews, 24*(Pt BB), 304-327.
- Aldehaim, A. Y., Alotaibi F. F., **Uphold C. R.,** & Dang S. (2016). The impact of technology-based interventions on informal caregivers of stroke survivors: A systematic review. *Telemedicine and e-Health, 22*(3), 223-231. DOI: 10.1089/tmj.2015.0062,
- Jackson, P. D., Biggins, M. S., Cowan, L., French, B., Hopkins, S. L., & **Uphold, C. R.** (2016). Evidence summary and recommendations for improved communication during care transitions. *Rehabilitation Nursing, 41*(3), 135-148. (Winning article of the 2016 Rehabilitation Nursing Writers' Award: Editor's Choice Award). DOI: 10.1002.rnj.230.
- Ganzer, A. C., Barnes, A., **Uphold, C. R.,** & Jacobs, A. R. (2016). Transient ischemic attack and cognitive impairment: A review. *Journal of Neuroscience Nursing, 48*(6), 322-327. DOI:10.1097/JNN.0000000000000236.
- Freytes, I. M., LeLaurin, J. H., Zickmund, S. L., Resende, R. D., & **Uphold, C. R.** (2017). Exploring the post-deployment reintegration experiences of Veterans with PTSD and their significant others. *American Journal of Orthopsychiatry, 87*(2), 149-156. DOI:10.1037/ort0000211.supp

Graf, R., LeLaurin, J., Schmitzberger, M., Freytes, I. M., Orozco, T., Dang, S., & Uphold, C. R. (2017). The stroke caregiving trajectory in relation to caregiver depressive symptoms, burden, and intervention outcomes. *Topics in Stroke Rehabilitation*, 24(7), 488-495. <http://dx.doi.org/10.1080/10749357.2017.1338371>

Mahaney-Price, A. F., Hilgeman, M. M., Uphold, C. R., Davis, L., Olsen, D. P., Burgio, K. L., DeCoster, J., Gay, W., & Allen, R. S. (In press). Enabling advance directive completion: feasibility of a new nurse-supported advanced care planning intervention. *Journal of Gerontological Nursing*.

Munro, S., Hendrix, C., Cowan, L., Battaglia, C., Wilder, V., Bormann, J., Uphold, C., & Sullivan, S. (In press). Nursing research initiative: Veterans Affairs funding; outcomes. *Nursing Outlook*.

## RESEARCH JOURNAL ABSTRACTS

Cole, S. B., Langkamp-Henken, B., Uphold, C. R., Herrlinger-Garcia, K.A., Bender, B. S., Findley, K., Hoffinger, R. (2004). Oxidative stress and antioxidant capacity in smoking vs. nonsmoking men with HIV/AIDS. *FASEB Journal* (official journal of the Federation of American Societies for Experimental Biology), 18(5), Abstract # 599.4, p. A909.

Uphold, C. R., Van Puymbroeck, M., Rittman, M., Sberna, M., & Young, L. (2007, April). Predictors of positive aspects of caregiving and depression among informal caregivers of stroke survivors. Poster abstract in *Journal of American Geriatrics Society*, 55(4), Suppl. S1-S146, Abstract D151, S215.

Van Puymbroeck, M., Uphold, C. R., Rittman, M., & Sberna, M. (2007, November). Positive aspects of caregiving and depression among informal caregivers of stroke survivors: Preliminary findings. Poster abstract in *The Gerontologist*, 47 (special issue), p. 24.

Wilson, D. L., Bober, J., White, M., Freytes M., & Uphold, C. R. (2008, August). Development of the patient education evaluation rating scale (PEERS). Poster abstract in *Journal of the American Geriatrics Society*, 56(4), Suppl. S1-S238), Abstract B76, S90.

Feng, H., Uphold, C. R., Williams, L., & Rittman, M. Prognostic risk factors of stroke caregiver depression. Poster abstract in *The Gerontologist*. Poster abstract in *Journal of the American Geriatrics Society*, 60(s4), Suppl. S1-S273), Abstract C143, S180.

## EDITORIALS

Uphold, C. R. (2012). Transitional care for older adults: The need for new approaches to support family caregivers. *Gerontology and Geriatrics Research*, 1(2), 1-2. (open access journal, <http://dx.doi.org/10.4172/jggr.1000e107>).

## INTERNET PUBLICATIONS

Uphold, C. R. (April 2000). Are hepatitis B laboratory findings altered in HIV-positive patients? *Medscape, Nurses, Ask the Experts*. Available at: <http://nurses.medscape.com/Medscape/Nurses/AskExperts/2000/04/NP-ae09.html>.

Uphold, C. R. (October 2000). What effects do antiretrovirals have on the immune system? *Medscape, Nurses, Ask the Experts*. Available at: <http://nurses.medscape.com/Medscape/Nurses/AskExperts/2000/04/NP-ae09.html>.

## NONREFEREED PUBLICATIONS

Venn, R., Kohler, H., Uphold, C., & Byfield, B. (1984). Flexibility in RN program...University of Maryland. *Maryland Nurse*, 3(4), 15.

Barnes, M. M., Graham, M. V., Gibbons, R. B., & Uphold, C. R. (1991). The family services center: A unique service delivery concept for families of middle-school children. *Florida School Health Association Journal*, 3(1), 1-6.

Uphold, C. R., & Graham, M. V. (1998). Nurse Practitioners provide specialized HIV/AIDS care through a model outreach program. *Nurse Practitioner World News*, 3 (6), 1,15.

NONPF Faculty Practice Subcommittee: Pohl, J. M., Duderstadt, K., Given, P., Hartig, P., Schoenberger, C., & Uphold, C. R. (2000). *NONPF Faculty Practice Guidelines*. Washington D.C.: National Organization of Nurse Practitioner Faculties.

## REFEREED ABSTRACTS, PROCEEDINGS, ORAL PRESENTATIONS

- Uphold, C. R., & Susman, E. J.** (1979, December). *Self-reported climacteric symptoms as a function of the relationships between marital adjustment and child-rearing stage*. Paper presented at American Nurses Association Council of Nurse Researchers Conference, San Antonio, TX.
- Uphold, C. R., & Susman, E. J.** (1983, October). *Child-rearing, and work role integration and climacteric symptoms in midlife women*. Paper presented at 1983 Post-Biennial Convention Research Conference, Sigma Theta Tau, Boston, MA.
- Uphold, C. R.** (1984, March). *Raising the feminist consciousness of the RN student: A key to professional resocialization*. Paper presented at Conference on RN Education: "Perspective on Nursing Education," San Antonio, TX.
- Uphold, C. R., Brownell, R. M., Kennedy, P. H., & Parker, B.** (1985, January). *Professional role orientation of RN baccalaureate students*. Paper presented at the Third Annual Scientific Meeting of Research in Nursing Education Conference, San Francisco, CA.
- Brownell, R. M., Kennedy, P. H., & **Uphold, C. R.** (1985, January). *Change in cognitive abilities of registered nurses obtaining a baccalaureate degree*. Paper presented at Third Annual Scientific Meeting of Research in Nursing Education Conference, San Francisco, CA.
- Uphold, C. R., Parker, B., Kennedy, P. H., & Brownell, R. M.** (1986, January). *Role conceptions, role conflict, and perceptions of role performance of RN baccalaureate students*. Paper presented at the Fourth Annual Scientific Meeting of Research in Nursing Education Conference, San Francisco, CA.
- Uphold, C. R., & Harper, D. C.** (1986, May). *Methodologic issues in intergenerational family nursing research*. Paper presented at International Nursing Research Conference, Edmonton, Alberta, Canada.
- Uphold, C. R., Parker, B., Kennedy, P. H., & Brownell, R. M.** (1988, January). *Role perceptions and role conceptions of RN baccalaureate nursing students*. Paper presented at the Sixth Annual Scientific Meeting of Research in Nursing Education Conference, San Francisco, CA.
- Uphold, C. R.** (1988, January) *Positive affect and the exchange of socially supportive behaviors between adult working women and their mothers and mothers-in-law*. Paper presented at International Family Nursing Conference, Calgary, Alberta, Canada.
- Graham, M. V., & **Uphold, C. R.** (1989, April). *Health behavior patterns of school-age boys and girls*. Paper presented at Fifteenth Annual Conference of the National Organization of Nurse Practitioner Faculties, Orlando, FL.
- Uphold, C. R.** (1989, May). *Testing a theoretical model to help nurses assess female, intergenerational family relationships*. Paper presented at First Annual Family Health Nursing Conference, Tampa, FL.
- Uphold, C. R.** (1990, February). *Mothers and mothers-in-law as potential sources of support: Differences between professional and nonprofessional women*. Paper presented at Fourth Annual Conference of the Southern Nursing Research Society, Tampa, FL.
- Uphold, C. R., & Graham, M. V.** (1990, April). *Health behaviors, status, and knowledge of school-aged girls*. Paper presented at Sixteenth Annual Conference of the National Organization of Nurse Practitioner Faculties, Galveston, TX.
- Graham, M. V., **Uphold, C. R., & Gibbons, R. B.** (1991, April). *Design and implementation of a school-based program to accommodate a new health agenda for families in 1990s*. Paper presented at the Seventeenth Annual Conference of the National Organization of Nurse Practitioner Faculties, San Diego.
- Uphold, C. R., Lenz, E. R., & Soeken, K. L.** (1991, October). *Social support between employed women and their mothers and mothers-in-law*. Paper presented at the American Nurses Association, Council of Nurse Researchers: 1991 International Nursing Research Conference, Los Angeles, CA.
- Uphold, C. R.** (1992, February). *Family nursing research in primary care: Philosophic and methodologic issues*. Paper presented as part of the symposium at the Sixth Annual Conference of the Southern Nursing Research Society, Nashville, TN.
- Uphold, C. R.** (1992, May). *Methodological issues related to family social support*. Paper presented as part of the Symposium, Sigma Theta Tau International Nursing Research Conference, Columbus, OH.

- Graham, M. V., & Uphold, C. R. (1992, July). *Program evaluation of a school-based clinic*. Paper presented at Seventeenth National Primary Care Nurse Practitioner Symposium, Keystone CO.
- Uphold, C. R., & Graham, M. V. (1993, April). *Steps in conducting a program evaluation of a family-focused, school-based clinic*. Paper presented at National Organization of Nurse Practitioner Faculties, 19th Annual Meeting, Chicago, IL.
- Uphold, C. R., & Graham, M. V. (1995, February). *An analysis of preschool health screening: Types of problems detected and follow-up care*. Paper presented at 1995 Southern Nursing Research Society Conference, Lexington, KY.
- Uphold, C. R., & Graham, M. V. (1996, April). *Shared governance in an era of constrained resources: Faculty options*. Paper presented at National Organization of Nurse Practitioner Faculties, 22nd Annual Conference, Boston, MA.
- Treloar, D., Stechmiller, J., Graham, M. V., & Uphold, C. R. (1996, May). *The HIV wasting syndrome*. Paper presented at Fifth Annual Florida HIV Conference, Orlando, FL.
- Uphold, C. R. (1997, November). *Screening for CMV retinitis in AIDS patients*. Paper presented at Annual Association of Nurses in AIDS Care, Miami, FL.
- Maruenda, J., Uphold, C. R., & Bender, B. S. (1998, November). *Response to protease inhibitors in older patients*. Paper presented at 52nd Annual Scientific Meeting of the Gerontological Association of America., Philadelphia.
- Uphold, C. R., Pulcini, J., & Burns, P. (2000, November). *Educational strategies to improve the public's health: Recommendations from the NONPF faculty-to-faculty mentoring program*. Paper presented at American Academy of Nursing, 27<sup>th</sup> Annual Meeting and Conference, San Diego, CA.
- Pohl, J. M., Uphold, C. R., Mirr, M., & Noureddine, S. (2001, April). *Faculty practice: What do the data show?* Paper presented at National Organization of Nurse Practitioner Faculties, Annual Meeting and Conference, San Antonio, TX.
- Uphold, C. R., Bender, B. S., Findley, K., Graham, M. V., Garzarella, L., & Bradshaw, P. (2002, September). *Determinants and barriers to achieving healthy lifestyles in vulnerable subgroups of HIV-infected males*. Paper presented at 2002 State of the Science Congress: Advancing Nursing Practice Excellence, Washington DC.
- Jia, J., Uphold, C. R., Findley, K., Wu, S., Reid, K., & Duncan, P. W. (2003, February). *Health related quality of life in veterans living with HIV: The role of coping, social support, & depression*. Paper presented at VA Health Service Research 2003 Annual Meeting, Washington D.C.
- Uphold, C. R., Bender, B. S., Reid, K., & Findley, K. (2003, February). *HIV-related anemia risk factors and effects on health-related quality of life outcomes*. Paper presented at Alpha Theta Chapter's Fourth Conference on Enhancing Practice Through Clinical Innovation and Research, Gainesville, FL.
- Flaitz, M., Uphold, C. R., Findley, K., & Reid, K. (2003, February). *Differences in health variables between HIV-infected and HCV-co-infected men*. Paper presented at Alpha Theta Chapter's Fourth Conference on Enhancing Practice through Clinical Innovation and Research, Gainesville, FL.
- Holmes, W., Uphold, C. R., Findley, K., & Reid, K. (2003, February). *Relationship between quality of life, health promoting behaviors, risk behaviors, and perceived stress in patients with HIV/AIDS*. Paper presented at Alpha Theta Chapter's Fourth Conference on Enhancing Practice through Clinical Innovation and Research, Gainesville, FL.
- Uphold, C. R., Bradshaw, P., & Bender, B. S. (2003, November). *Biopsychosocial predictors of HIV symptoms*. Paper presented at Sixteenth Annual Association of Nurses in AIDS Care Conference, New York, NY.
- Pulcini, J., Allan, J., Hanson, C., Uphold, C. R., & Wilbur, J. E. (2004, April). *Nurse practitioner programs of excellence: Charting the course of quality nurse practitioner education*. Paper presented at Annual National Organization of Nurse Practitioner Faculty Conference, San Diego, CA.
- Cole, S. B., Langkamp-Henken, B., Uphold, C. R., Herrlinger-Garcia, K. A., Bender, B. S., Findley, K., & Hoffinger, R., (2004, April). *Oxidative stress and antioxidant capacity in smoking vs nonsmoking men with HIV/AIDS*. Paper presented at Annual Conference of Experimental Biology, Washington, D.C.
- Uphold, C. R., Reid, K., Goodenow, M., & Bender, B. S. (2004, November). *Differences in biological, nutritional, and psychosocial characteristics between older and younger men with HIV infection*. Paper presented at the Annual Association of Nurses in AIDS Care, New Orleans, LA.



- Uphold, C. R., & Reid, K.** (2005, February). *Biopsychosocial outcomes among older and younger men with HIV infection: A longitudinal analysis*. Paper presented at the 2005 Southern Nursing Research Society 19<sup>th</sup> Annual Conference, Atlanta, GA.
- Uphold, C. R., Arce, N., & Garzarella, L.** (2006, January). *Aging and mental health outcomes among men living with HIV infection: Results of a two-year study*. Paper presented at the 2006 Annual National Association on HIV Over Fifty, Miami, FL.
- Jeffries, W. L., Peek, C. W., Zsembik, B. A., & **Uphold, C. R.** (2006, August). *Sexual intercourse, quality measures and dysfunction: Correlates of sexual health in HIV-infected men*. Round table presentation at the ASA Annual Conference, Montreal, Canada.
- Mkanta, W., & **Uphold, C. R.** (2007, February). *Longitudinal study of patient satisfaction with care in men with HIV infection*. Paper presented at the VA HSR&D Annual Meeting, Washington DC.
- Uphold, C. R.** (2007, April 14). *Developing a fundable research grant*. Paper presented as part of the symposium, Strategies for Success in Research, at the Annual NONPF Conference, Denver, Colorado.
- Uphold, C. R.** (2008, April 11). *Latest methods in implementation science: Implications for nurse researchers* as part of the symposium, Innovative Research Methodologies for Nurse Practitioner Faculty, at the Annual NONPF Conference, Lexington, Kentucky.
- Hannold, E., Freytes, M., Bober, J., & **Uphold, C. R.** (2008, June). *Post-deployment readjustment needs of Puerto Rican OEF/OIF Veterans & families*. Paper presented at the Academy Health Annual Meeting, Washington DC.
- Hanjian, J. M., Wing, K., Knauff, L., Findley, K., Freytes, I. M., & **Uphold, C. R.** (2010, March). *Implementing a promotional campaign for a stroke caregiving web site*. Paper presented at the 3<sup>rd</sup> Annual NIH Conference on the Science of Dissemination and Implementation, Washington DC.
- Uphold, C. R., Freytes, I. M., Knauff, L., Wing, K., Anderson, S., & Easey, K.** (2010, May). *Improving community reintegration of OEF/OIF Veterans and families living in Puerto Rico through printed and web-based education*. Paper and poster presented at the 3<sup>rd</sup> Deployment Mental Health Symposium, Pensacola, FL.
- Resende, R., Freytes, I. M., & **Uphold, C. R.** (2011, April). *Through the eyes of a square peg: Unpacking the cultural meanings of post-deployment Puerto Rican Veterans and their families through anthropological expertise at the VA*, Paper presented at the Society for Applied Anthropology Annual Meeting, Seattle, WA.
- Bloch, J. R. & **Uphold, C. R.** (2011, April 18). *Infrastructure necessary to support NP clinical scholarship*. Paper presented at the National Organization of Nurse Practitioner Faculties Annual Meeting, Albuquerque, New Mexico.
- Edwards, H., Treise, D., Beyth, R., Rausch, P., Brookshire, M., Shorr, R., Wing, K., & **Uphold, C. R.** (2012, February 29). *Encouraging shared decision making through a direct-to-consumer approach to improve outcomes in atrial fibrillation*. Paper presented at the Association for Marketing and Health Care Research Annual Meeting, Park City, Utah.
- Uphold, C. R., Midolo, J. P., Freytes, I. M., del Valle, L., Wing, K. L., Knauff, L., & Findley, K.** (2012, July). *Unmet needs of OEF/OIF/OND Veterans and their families living in the U.S. Virgin Islands*. Paper presented at the VA Health Services Research and Development Annual Meeting, Washington DC.
- Uphold, C. R., Freytes, I. M., Jordan, M., Rutter, T., Bartolomeo, N., Rogers, J., Wang, A., Schember, T., Fernandez, C., Praisoody, A., Dang, S., Ruiz, D., & Sorial, A. L.** (2014, September). *Skills-Building Program for Caregivers of Veterans with Stroke*. Paper presented at the GEC conference: The Way Forward. Virtual conference.
- Biggins, M. S., Hopkins, S., Patel, D., Freytes, I. M., & **Uphold, C. R.** (2014, November). *The Veterans Health Administration and Academic Partnering to Enhance Academic Success of Combat Veteran Students*. Paper presented at the Joining Forces to Restore Lives: Nursing Research, Education and Practice in Veterans Health, The Center for Advanced Medical learning and Simulation. Tampa FL.
- Uphold, C. R.** (2015, February 28). *Methodological Issues in Conducting Family Caregiver Research*. Paper presented at the 29<sup>th</sup> Annual Southern Nursing Research Society Annual Conference, Conducting Research in Difficult Times: Come Revitalize Your Research Spirit. Tampa, FL
- Uphold, C. R., Dang, S., Jordan, M., Freytes, I. M., Rutter, T., Ruiz, D., Schembler, T., & Rogers, J.** (2015, July 9). *Pilot Test for a Low-Cost, Telephone and Online Intervention for Caregivers of Veterans Post-Stroke*. Paper presented at VA Health Services Research & Development Annual Conference, Philadelphia, PA.

- Uphold, C. R.,** LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Hugon, R., Fehlberg, E., & Freytes, I. M., (2016, September). *Exploring Racial Variation in Acceptability and Outcomes of an Internet and Telephone Support Intervention for Stroke Caregivers*. Paper presented at the VA Health Services Research & Development Health Field-Based Health Equity Research Meeting, Philadelphia, PA. (Awarded one of best top three abstracts)
- Dang, S., Rupper, R., Griffin, P., & **Uphold, C. R.** (2017, April 23). *Technology Intervention for Caregivers of Veterans: Design, Outcomes, and Lessons Learned*. Panel presentation at the American Telemedicine Association 2017 International Conference and Tradeshow, Orlando, FL.

## INVITED PRESENTATIONS

- Uphold, C. R.** (1991, September). *Caregiving of young and aging families*. Paper presented at the Annual Meeting of Association for Women Faculty. University of Florida, Gainesville FL.
- Uphold, C. R.** (1992, March). *Review of Barbara Starfield's paper: How can research improve our understanding of the content and organization of primary care?* Paper presented at National Primary Care Conference, Washington, DC.
- Graham, M. V., & **Uphold, C. R.** (1992, October). *Working with adolescents in a school-based clinic*. Paper presented at meeting of the National Primary Care Conference (NPACE), Orlando FL.
- Uphold, C. R.,** & Graham, M. V. (1993, May). *Public health nursing service: Education partnerships*. Paper presented at C.A.S.E. Conference: Public Health Nurses -- Keeping Florida Healthy, Palm Beach Gardens FL.
- Uphold, C. R.** (1994, April). *Sinusitis: Evaluation and treatment*. Paper presented at National Primary Care Conference (NPACE), Orlando FL.
- Uphold, C. R.** (1995, April). *Update on evaluation and treatment of sinusitis*. Paper presented at National Primary Care Conference (NPACE), Orlando, FL.
- Uphold, C. R.** (1995, April). *Innovative clinical practice: Family-focused, school-based clinics*. Paper presented at National Primary Care Conference (NPACE), Orlando, FL.
- Uphold, C. R.,** Graham, M. V., Treloar, D. M., & Stechmiller, J. K. (1995, June). *Case presentation panel*. Paper presented at Keeping with the Pace HIV: An HIV Update Conference, Gainesville, FL.
- Uphold, C. R.** (1995, November). *Human Immunodeficiency Virus infection and Acquired Immunodeficiency Syndrome*. Paper presented at College of Nursing and Shands Teaching Hospital at the University of Florida. Gainesville, FL.
- Uphold, C. R.** (1997, February). *Assessment of children's growth and development*. Paper presented at Suwanee River AHEC Physical Assessment Workshop, High Springs, FL.
- Uphold, C. R.** (1997, April). *ENT: Pearls and pitfalls*. Paper presented at National Primary Care Conference (NPACE), Orlando, FL.
- Uphold, C. R.** (1999, March). *Update in the management of HIV/AIDS patients*. Paper presented at the annual meeting of Heartland Advanced Practice Nurses, Cape Girardeau, Missouri.
- Uphold, C. R.,** & Graham, M. V. (1999, November). *Health promotion and patient education for HIV-infected patients*. Paper presented at the Third Annual HIV/AIDS Conference of Northeast Florida, Jacksonville, FL.
- Uphold, C. R.** (2000, November). *Biopsychosocial predictors of outcomes in HIV-infected men*. Paper presented at the monthly Health Services Research Seminar, VA San Diego Healthcare System, San Diego, CA.
- Uphold, C. R.** (2001, February). *Research based nursing interventions for the mentally challenged elderly*. Paper presented at the 39<sup>th</sup> Year Grand Reunion of Far Eastern University Nursing Alumni Foundation, Hernando, FL.
- Uphold, C. R.** (2001, February). *Nurse-sensitive patient outcomes*. Paper presented at the monthly VA Nurses Meeting, Gainesville, Florida.
- Uphold, C. R.** (2001, April). *Summary and research – Panel discussion on leading community health issues*. Paper presented at plenary session of the National Organization of Nurse Practitioner Faculties, 27<sup>th</sup> Annual Meeting, San Antonio, Texas.
- Uphold, C. R.** (2001, July). *Predictors of outcomes in HIV-infected men*. Paper presented at Health Services Research Seminar, VA Pittsburgh Center for Health Services Research, Pittsburgh, PA.

- Uphold, C. R.** (2001, October). *Lessons learned from the first year of nursing research initiative grant – Predictors of outcomes in HIV-infected men.* Paper presented at Health Services Research Seminar, VA Lakeside, Chicago, Illinois.
- Uphold, C. R.** (2001, November). *Population focus in the NP role: Fiction or reality.* Moderator of papers presented during Teleweb Conference, National Organization of Nurse Practitioner Faculties.
- Uphold, C. R., Jia, J., Reid, K., Findley, K., Bender, J. M., Bender, B. S., Bradham, D. D., & Duncan, P. W.** (2002, November). *Access, availability, satisfaction, and utilization of health services among HIV-infected men.* Paper presented at the VA RORC/BRRRC Seminar, Gainesville, FL.
- Uphold, C. R., Jia, J., Reid, K., Findley, K., Bender, J. M., Bender, B. S., Bradham, D. D., & Duncan, P. W.** (2002, December). *Differences in processes and outcomes of care between VA patients and non-VA patients.* Paper presented at the monthly University of Florida, Department of Health Services Administration Seminar, Gainesville, FL.
- Uphold, C. R.** (2005, January). *Integrating community health into nursing education.* Paper presented to faculty at Coppin State University, Baltimore, MD.
- Uphold, C. R.** (2006, February 23). *HIV and Aging: Results of a prospective cohort investigation.* Paper presented to the GRECC and NF/SG VHS Extended Care Staff and Faculty, Gainesville, FL.
- Uphold, C. R.** (2006, September 21). *Lessons learned on the path from pre-doctoral research fellow to independent investigator.* Presentation to the RORC Career Development Group, Gainesville, Florida.
- Uphold, C. R.** (2007, January 11). *Health marketing research on stroke prevention and OEF/OIF readjustment.* Presentation to the Fellows and Geriatrics and Long-Term Care Staff at the VA Caribbean Healthcare System.
- Uphold, C. R.** (2007, January 12). *Aging and HIV.* Presentation to the Fellows and Geriatrics and Long-Term Care Staff at the VA Caribbean Healthcare System
- Uphold, C. R., Bober, J., Romero, S., Barak, S., Freytes, I. M., & Wing, K.** (2007, May 8). *Developing educational materials for OEF/OIF veterans and family members living in Puerto Rico,* Paper presented at Brown Bag Lunch Seminar at the VA Rehabilitation Outcomes Research Center, Gainesville, Florida.
- Uphold, C. R., Rittman, M., Boylstein, C., Hannold, L., Freytes, I. M., Bober, J., & Romero, S.** (2007, May 11). *Readjustment process of OEF/OIF Veterans & families living in Puerto Rico.* Paper presented at the NOVA Foundation 27<sup>th</sup> Annual Meeting – VA Nurses: The Power of One of Veterans Affairs, Arlington, Virginia.
- Uphold, C. R.** (2007, October 19). *Interstitial cystitis: Assessment and management.* Presentation to nurse practitioners, nurses, and nursing students at the VA Caribbean Healthcare System, San Juan, Puerto Rico.
- Uphold, C. R.** (2009, March 4). *Implementation science methods: Using OEF/OIF post-deployment readjustment as a model.* Presentation to health services researchers at the San Diego VA Medical Center, San Diego.
- Uphold, C. R.** (2009, March 23). *Implementation science study to investigate outcomes in patients with atrial fibrillation.* Presentation to researchers at University of Florida Institute of Aging/ VA GRECC Aging & Rehabilitation: Interdisciplinary Research Seminar Series, Gainesville, FL.
- Uphold, C. R.** (2009, April 3). *Health literacy and older adults.* Presentation to providers and researchers at the VA GRECC Geriatric Conference, Gainesville, FL.
- Uphold, C. R.** (2009, May 15). *Direct-to-consumer marketing to improve outcomes in atrial fibrillation.* Presentation at the NF/SG VHS Research Day, Gainesville, FL.
- Uphold, C. R.** (2009, July 28). *VA research opportunities.* Presentation at the 2009 Introduction to Clinical/Translational Research Course, Gainesville, FL.
- Uphold, C. R.** (2009, October 28). *Implementation, dissemination, and evaluation of low-literate, culturally relevant family education.* Presentation at the RORC Investigators Meeting, Gainesville, FL.
- Uphold, C. R.** (2009, October 28). *Opportunities for RORC/GRECC research collaborations.* Presentation at the RORC Investigators Meeting, Gainesville, FL.
- Uphold, C. R.** (2009, November 2). *Dissemination of low-literate, culturally relevant family education in the VA Caribbean Healthcare System (VA CHS).* Presentation at the VA CHS Administrators' Meeting, San Juan, Puerto Rico.
- Uphold, C. R.** (2009, November 12). *Stroke resources and caregiver education: The VA project.* Presentation at the Molloy College Division of Nursing-Clinical Partner Agency Breakfast and Discussion Session, Rockville Center, NY.

- Uphold, C. R.** (2009, November 11). *Health literacy and patient education*. Presentation at the Molloy College Center for Nursing Research and Scholarly Practice Reception and Session, Rockville Center, NY.
- Uphold, C. R.** (2010, January 13). *Web-based informational materials for caregivers of Veterans post stroke: Preliminary findings & future directions*. Presentation at the VA NF/SG GRECC Research Seminar, Gainesville, FL.
- Uphold, C. R.** (2010, June 24). *Guide to being an empowered health care consumer*. Presentation at RiverHouse, St. Augustine, FL.
- Uphold, C. R.** (2010, June 27). *Translating caregiver research into clinical reality- Lessons from the VA experience: The RESCUE Stroke Caregiver Project*. AcademyHealth 2010 Annual Research Meeting, Boston, MA.
- Uphold, C. R.** (2010, September 30). *Patient empowerment*. Presentation at New Port Richey VA Community-Based Outpatient Clinic, New Port Richey, Florida.
- Uphold, C. R.** (2011, March 15). *Keys to grant writing: Building the story*. Presentation at the Nurse Proposal Development Workshop. Chicago, IL.
- Uphold, C. R.** (2011, March 31). *Translating evidence into practice to improve outcomes of stroke caregivers through health communications*. Paper presented at the Nursing Practice Based on Evidence: The Emerging Impact of Health Care Reform Conference, Baltimore, MD.
- Uphold, C. R. & Findley, K.** (2011, May 24). *RESCUE: A website for stroke Caregivers*. Special presentation for the Brain Rehabilitation Research Center (BRRC) Symposia on Neurorehabilitation and Plasticity (SYNAPS) at the McKnight Brain Institute, Gainesville, Florida.
- Uphold, C. R.** (2011, May 18). *How to be an empowered healthcare consumer*. Presentation for the Oaks Hammock ILR Senior Health Lecture Series, Gainesville, Florida.
- Uphold, C. R.** (2011, May 18). *How to be an empowered healthcare consumer*. Presentation for the PrimeTime Institute, Gainesville, Florida.
- Uphold, C. R.** (2012, January 19). *Brain basics of stroke prevention*. Presentation for the Oaks Hammock ILR Senior Health Lecture Series, Gainesville, Florida.
- Uphold, C. R.** (2012, January 20). *Brain basics of stroke prevention*. Presentation for the Prime Time Institute, Senior Recreation Center, Gainesville, Florida.
- Uphold, C. R.** (2012, March 15). *Keys to grant writing: Building the story*. Presentation at the VA Nurse Proposal Development Workshop, Chicago, IL.
- Freytes, I. M & Uphold, C. R.** (2012, April 25). *RESCUE website en Español for caregivers of Veterans post stroke*. Presentation for VA Caribbean Healthcare System Research Day, San Juan, Puerto Rico.
- Uphold, C. R.** (2012, September 27). *Internet-based education and support for stroke caregiving using the RESCUE website*. Presentation at the VISN 8 – GRECC - MAGEC Training Session: Internet-Based Technologies in the Care of the Older Veteran, Miami, Florida.
- Uphold, C. R.** (2012, December 11). *On-Line resources for providers and stroke caregivers: Using the RESCUE website*. Presentation for the VHA VA Educators Integrated Network (VEIN), Live Meeting, Gainesville, FL.
- Uphold, C. R.** (2013, May 8). *Skills-building program for caregivers of Veterans with stroke, GRECC T-21 project*. Presentation for GRECC Works in Progress Seminar, Gainesville, FL.
- Uphold, C. R. & Rogers, R.** (2013, May 15). *Stroke rehabilitation following discharge*. Presentation for the ONS PACT RN Care Manager Education Series, Live Meeting, Gainesville, FL.
- Uphold, C. R.** (2013, July 24). *Skills-building program for caregivers of Veterans with stroke*. Presentation for the Miami GRECC, Miami, FL.
- Uphold, C. R.** (2014, March 11). *Keys to grant writing: Building the story*. Presentation for the VA Nurse Proposal Development Workshop. Chicago, IL.
- Uphold, C. R. & Haun, J.** (2014, June 5). *Advancing VA care through implementation science and VA QUERI*. Presentation at the VA CINDRR8 Investigator's Meeting, Gainesville, FL.
- Uphold, C. R.** (2014, July 23). *RESCUE website and program: A Life Line for Stroke Caregivers*. Presentation for the Miami Veterans Affairs Medical Center PACT. Miami, Florida.
- Uphold, C. R.** (2014, July 23). *Skills-building program for caregivers of veterans with stroke*. Presentation for the Miami Veterans Affairs Medical Center GEC. Miami, Florida.
- Uphold, C. R.** (2014, August 1). *Caregivers of veterans with stroke: RESCUE Skills-building program*. Presentation for the Gainesville Veterans Affairs Medical Center leadership group. Gainesville, Florida.

- Haun, J. & Uphold, C. R. (2014, August 14). *Promoting CINDRR research through dissemination*. Presentation for the VA CINDRR8 Investigator's Meeting, Tampa, FL.
- Uphold, C. R. (2014, November 4). *RESCUE website: A tool for improving skills and knowledge of caregivers of Veterans with Stroke*. Presentation for the VA SQUINT via Online Meeting.
- Uphold, C. R. (2015, January 12). *Interventions to reduce burden of caregivers of Veterans post-stroke*. Presentation for the Clinical Translational Aging Research Seminar, Malcolm Randall VA and the University of Florida Institute on Aging. Gainesville, FL.
- Uphold, C. R. (2015, March 10). *Background section of the proposal: How to build the story*. Presentation for the VA Nursing Research Proposal Workshop, Chicago, IL.
- Uphold, C. R. (2015, May 6). *Integration! Morning Reflection on Enterprise Evaluation*. Panel member presentation for the Academic PACT: Innovations, Integration and Transformation Conference, Dallas, TX.
- Uphold, C. R. (2016, April 28). *VHA Leaders and Stakeholders Discussion*. Panel member presentation for the Centers of Excellence in Primary Care Education Conference, Cleveland, Ohio.
- Harada, N, Lie, J., Uphold, C. R., & Bowen, J. (2016, April 28). *Centers of Excellence in Primary Care Education – Development of enterprise-level interprofessional trainee competencies*. Centers of Excellence in Primary Care Education Conference, Cleveland, Ohio.
- Uphold, C. R. (2016, August 2). *Background section of the proposal: How to build the story*. Presentation for the VA Nursing Research Proposal Workshop, Chicago, IL
- Uphold, C. R. (2016, August 3). *Finishing Touches: Scientific Review, Mentorship Plans, & Biosketch*. Presentation for the VA Nursing Research Proposal Workshop, Chicago, IL
- Uphold, C. R. (2016, September 14). *A Caregiver Support Study Utilizing an Internet-Based Messaging Center*. Presentation for the VA Miami Veterans Affairs Medical Center, Patient Aligned Care Team (PACT) meeting, Miami, Florida.
- Uphold, C. R. (2016, September 15). *Transition-to-Home Program for Stroke Caregivers*. Presentation for the VA Miami Veterans Affairs Medical Center Geriatrics and Palliative Medicine Grand Rounds, Miami, Florida.
- Uphold, C. R. (2016, November 4). *Future Research to Improve Quality of Life of Caregivers of Veterans with Chronic Diseases*. Presentation for the NF/SG VA GRECC, Research Works-in-Progress, Gainesville, Florida.
- Uphold, C. R. (2017, January 18). *Implementation Science Overview*. Presentation for the VA ORH Dementia Caregiving Tele-Health Alliance Kick Off Meeting, Gainesville, Florida
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Freytes, I. M., Dang, S., Besterman-Dahan, K., & Uphold, C. R. (2017, March 30). *Internet and Telephone Support Intervention for Stroke Caregivers: Findings and Lessons Learned*. Presentation for National VA Caregiver Special Interest Group via online meeting.
- Uphold, C. R., Dang, S., & Rupper, R. (2017, May 27). *Stroke Caregiver Research*. Presentation for the GRECC Associate Directors of Research via conference call.

## WORKSHOPS, CONFERENCES, SEMINAR - CHAIRS OR CO-CHAIRS

- Uphold, C. R. (2001, April). *Faculty-to-faculty mentoring program in community health*. One-day workshop preceding the National Organization of Nurse Practitioner Faculties, 27<sup>th</sup> Annual Meeting, San Antonio, Texas.
- Uphold, C. R. (2002, April). *Leadership roles and educational strategies in community health and nurse practitioner education: Faculty-to-faculty mentoring program in community health*. One-day workshop preceding the National Organization of Nurse Practitioner Faculties, 28<sup>th</sup> Annual Meeting, Minneapolis, MN.
- Uphold, C. R. (2006-present). Co-Chair, *UF/VA Aging and Rehabilitation: An interdisciplinary research seminar series*, Weekly seminar series at Gainesville, Florida
- Uphold, C. R. (January 30, 2007). Chair. *VA dementia awareness workshop*, One-day conference at Lake City, Florida.
- Uphold, C. R. (2007-2009). Co-Chair & Chair. *VA primary care/GRECC seminar series*, Bi-monthly seminar series at Gainesville, Florida.
- Uphold, C. R. (2008, February). Co-Chair. *International conference on aging, disability, and independence*. St. Petersburg, Florida.

- Uphold, C. R.** (2008, April). Co-Chair. *UF/VA anesthesiology seminar series*. Gainesville, Florida.
- Uphold, C. R.** (2009, March). Chair. *Supporting family caregivers of older adults*. NF/SG VHS, Gainesville, Florida
- Uphold, C. R.** (2010, February). Chair. *VISN8 update in geriatrics conference*. Palm Beach Gardens, Florida.
- Uphold, C. R.** (2011, March 10, 11). Chair. *Patient-centered care for Veterans with dementia and their families*. Orlando, Florida.
- Uphold, C. R.** (2011, May 27, 18). Chair. *Telehealth for the aging veteran*. St. Petersburg, Florida.

## POSTER PRESENTATIONS

- Uphold, C. R.** (1983, January). *Analysis of registered nurses' educational preparation and knowledge of menopause*. Poster session at the First Annual Scientific Meeting of Research in Nursing Education Conference, San Francisco, CA.
- Kennedy, P. H., **Uphold, C. R.**, & Brownell, R. M. (1985, January). *Instrument to measure cognitive abilities of registered nurses completing the baccalaureate program*. Poster session at the Third Annual Scientific Meeting of Research in Nursing Education, San Francisco, CA.
- Graham, M. V., **Uphold, C. R.**, Blakeslee, D., & Gibbons, R. B. (1992, April). *Program evaluation of a school-based clinic: One method of demonstrating effectiveness*. Poster session at Research Poster Day, Alpha Theta Tau Chapter of Sigma Theta Tau, Gainesville FL.
- Uphold, C. R.**, Lenz, E. R., & Soeken, K. L. (1992, November). *Social support between employed women and their mothers and mothers-in-law: Issues in theory building*. Poster session at 54th Annual Conference of National Council of Family Relations, Orlando FL.
- Uphold, C. R.**, & Graham, M. V. (1993, April). *Steps in conducting a program evaluation of a family-focused school-based clinic*. Poster session at the National Organization of Nurse Practitioner Faculties, 19th Annual Meeting, Chicago IL.
- Blakeslee, D., **Uphold, C. R.**, & Graham, M. V. (1993, June). *The relationship between satisfaction with care and appointment-keeping behavior in clients of nurse practitioners*. Poster session at the 1993 National Conference of the American Academy of Nurse Practitioners, San Antonio TX.
- Abu-Rustin, R., Treloar, D. M., Stechmiller, J. K., & **Uphold, C. R.** (1994, Fall). *AIDS-related educational needs in a north central Florida clinic*. Poster session at the Second Annual Conference of FHRA, Tampa, FL
- Graham, M. V., & **Uphold, C. R.** (1996, April). *Case method: A teaching resource for nurse practitioner educators*. Poster session at National Organization of Nurse Practitioner Faculties 22nd Annual Conference, Boston.
- Uphold, C. R.**, Maurenda, J., Yarandi, H. N., Sleasman, J. W., & Bender, B. S. (2001, March). *Effects of HAART in older and younger HIV-infected adults*. Poster session at Nurses' Week, North Florida/South Georgia VHS, Gainesville, FL.
- Uphold, C. R.**, Goodenow, M., Bender, B. S., Pollock, B. H., Petitto, J. M., Findley, K. E., Janelle, J., Griffin, J., Hoffinger, R., Flaitz, M., Sieka, F., Bradshaw, P., & Garzarella, L. (2001, March). *Predictors of outcomes in HIV-infected men*. Poster session at Nurses' Week, North Florida/South Georgia VHS, Gainesville, FL.
- Uphold, C. R.**, Graham, M., Findley, K., Garzarella, L & Bradshaw, P. (2002, February). *Barriers and correlates of health-promoting lifestyles in HIV-infected veterans*. Poster session at VA HSR&D Career Development Conference, Washington, DC
- Uphold, C. R.**, Bender, B. S., & Reid, K. (2002, November). *Mild, moderate, and severe HIV-related anemia: Risk factors and effects on health-related quality of life outcomes*. Poster session at Fifteenth Annual Association of Nurses in AIDS Care, San Francisco, CA.
- Uphold, C. R.**, Jia, J., Ried, L. D., Reid, K., Findley, K., & Duncan, P. W. (2003, February). *Effects of depression on patterns of care, adherence, and patient satisfaction among HIV-infected men*. Poster session at VA Health Service Research 2003 Annual Meeting, Washington DC.
- Uphold, C. R.**, Jia, J., Reid, K., Bradham, D. D., Findley, K., Bender, J. M., Bender, B. S., & Duncan, P. W. (2003, February). *Differences in process and outcomes of HIV-related health care between patients attending VA and non-VA infectious disease clinics*. Poster session at the VA Health Service Research 2003 Research Career Development Conference, Washington DC.

- Uphold, C. R.,** Shehan, C. L., Bender, J. M., & Bradshaw, P. (2003, July). *Patterns of disclosure to family members among HIV-infected men*. Poster session at the Annual National Institute of Mental Health International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Washington DC.
- Hartzema, A. G., **Uphold, C. R.,** Kwon, S., & Stevens, G. (2004, March). *Adherence as a predictor of outcomes in HIV--infected men*. Poster session at the VA HSR&D 2004 Annual Meeting, Washington DC.
- Arce, N. F., **Uphold, C. R.,** Bradshaw, P., & Shehan, C. L. (2004, July). *The effect of disclosure on mental health variables in HIV-positive men*. Poster session at the Annual National Institute of Mental Health International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Atlanta, GA.
- Findley, K., **Uphold, C. R.,** & Garzarella, L. (2004, July). *Sexual health and family relationships among men with living with HIV infection*. Poster session at the Annual National Institute of Mental Health International Research Conference on the Role of Families in Preventing and Adapting to HIV/AIDS, Atlanta, GA.
- Shehan, C. L., **Uphold, C. R.,** Bender, J., & Garzarella, L. (2004, November). *Emotional bonds between mothers and their HIV+ sons*. Poster session at the Annual Conference of the National Council on Family Research, Orlando, FL.
- Jia, H., **Uphold, C. R.,** Zheng, Y., Wu, S. S., Chen, G. J., & Duncan, P. W. (2005, February). *Inpatient and outpatient healthcare utilization by veteran and non-veteran men with HIV*. Poster session at the VA HSR&D Annual Meeting, Baltimore, MD.
- Uphold, C. R.,** van den Berg, J. J., Zheng, Y., Jia, H., Wu, S., Vogel, W. B., & Duncan, P.W. (2005, November and 2006, April). *Lifestyle choices among men living with HIV: A longitudinal study*. Poster session at the American Public Health Association Annual Meeting, Philadelphia, PA and poster session at the VHA Nursing Leadership Conference, Miami, FL.
- Jia, H., **Uphold, C. R.,** Zheng, Y., Wu, S. S., Chen, G. J., & Duncan, P. W. (2006, February). *The impact of psychosocial factors and CD4 cell count on HRQoL: Change among veterans with HIV infection*. Poster session at the VA HSR&D Annual Meeting, Washington DC.
- Uphold, C. R.,** Van Puymbroeck, M., Rittman, M., Sberna, M., & Young, L. (2007, May). *Predictors of positive aspects of caregiving and depression among informal caregivers of stroke survivors*. Poster session at the American Geriatrics Society Annual Conference, Seattle, WA.
- Van Puymbroeck, M., **Uphold, C. R.,** Rittman, M., & Sberna, M. (2007, November). *Positive aspects of caregiving and depression among informal caregivers of stroke survivors: Preliminary findings*. Poster session at the Gerontological Society of America's 60<sup>th</sup> Annual Scientific Meeting, San Francisco, CA.
- Wing-Warr, K., Beyth, R., & **Uphold, C. R.** (2008, February). *Increasing stroke risk factor and prevention awareness through public health marketing*. Poster session at the VA HSR&D Annual Meeting, Baltimore, MD.
- Wilson, D. L., Bober, J., White, M., Freytes M., & **Uphold, C. R.** (2008, May). *Development of the Patient Education Evaluation Rating Scale (PEERS)*. Poster session at the American Geriatrics Society Annual Conference, Washington DC.
- Freytes, I. M., Bober, J., Romero, S., Hannold, E., Barak, S., Wing, K., & **Uphold, C. R.** (2008, May). *A best practice approach to patient education for diverse populations*. Poster session at the VHA, DoD Facility Based Educators Conference, San Antonio, Texas.
- Uphold, C. R.,** Bober, J., Freytes, I. M., Matos-Toro, M., Warr-Wing, K., Romero, S., Hannold, E., & Barak, S. (2008, June). *Implementation science study to improve readjustment processes of Puerto Rican OEF/OIF Veterans and families*. Poster session at the AcademyHealth Annual Conference, Washington DC.
- Freytes, I. M., Bober, J., Hannold, E., Warr- Wing, K., & **Uphold, C. R.** (2008, June). *The impact of war on the readjustment of Puerto Rican Veterans and their families*. Poster session at the AcademyHealth Annual Conference, Washington DC.
- Uphold, C. R.,** Edwards, H., Treise, D., Brookshire, M., Anderson, S., Rausch, P., Shorr, R., Wing, K., Echevarria, I., Feeg, V., Hanjian, J., & Beyth, R. (2008, November). *Direct-to-consumer approach to improve outcomes in atrial fibrillation*. Poster session at the Scholars on Aging Community Day, Gainesville, Florida.
- Uphold, C. R.,** Beyth, R., Treise, D., Wing, K., Anderson, S., Hanjian, J., Edwards, H., Wilson, D., Brookshire, M., & Shorr, R. (2008, December; 2009, March; 2009, May). *Direct-to-consumer approach to improve outcomes in atrial fibrillation*. Poster session at the 2008 QUERI National Meeting, Phoenix, AZ; Poster session at the Seventh Annual Research Day & Malasanos Lectureship, Gainesville, Florida; and Poster

- session at the North Florida/South Georgia Veterans Healthcare System Research Day.
- Uphold, C. R.,** Bober, J., Wing, K., & Freytes, I. M. (2008, December). *Community reintegration and Puerto Rican OEF/OIF Veterans and families*. Poster session at the 2008 QUERI National Meeting, Phoenix, AZ.
- Uphold, C. R.,** Freytes, I. M., Knauff, L., Wing, K., Anderson, S., & Easey, K. (2010, May 6 & 2010, July 21). *Improving community reintegration of OEF/OIF Veterans and families living in Puerto Rico through printed and web-based education*. Poster sessions at the 3<sup>rd</sup> Deployment Mental Health Symposium, Pensacola, FL and the Research in the Southeast – RFPs to Outcomes: Translating Research to Practice Conference, Orlando, Florida.
- Uphold, C. R.,** Wing, K., Findley, K., Freytes, I. M., Knauff, L., Rodriguez, W. (2010, May 14 & 2010, May 19). *Printed and web-based education for caregivers of stroke survivors*. Poster sessions at the American Geriatrics Society Annual Conference, Orlando, FL and the Shands at UF Stroke Program Awards Ceremony & Reception, Gainesville, FL.
- Findley, K., Anderson, S., Knauff, L., Wing, K., Hanjian, J., Freytes, I. M., Shorr, R., Beyth, R., & **Uphold, C. R.** (2010, July 13 & 2010, July 21). *Developing culturally-sensitive, low-literate and senior-friendly informational materials for caregivers of Veterans with stroke*. Poster sessions at the 2010 VA Caregiver Support Conference, Crystal City, Virginia and the Research in the Southeast – RFPs to Outcomes: Translating Research to Practice Conference, Orlando, Florida.
- Midolo, J. P., Freytes, I. M., Wing, K. L., & **Uphold, C. R.** (2010, July 21). *Needs assessment of returning OEF/OIF Veterans in the United States Virgin Islands*. Poster session at the Research in the Southeast – RFPs to Outcomes: Translating Research to Practice Conference, Orlando, Florida.
- Wing, K. L., Hanjian, J., Findley, K., Knauff, L., Edwards, H., Lee, B., & **Uphold, C. R.** (2010, July 21). *Implementing a promotional campaign for the “Resources and Education for Stroke Caregivers’ Understanding and Empowerment (RESCUE) website*. Poster session at the Research in the Southeast – RFPs to Outcomes: Translating Research to Practice Conference, Orlando, Florida.
- Uphold, C. R.,** Freytes, I. M., Midolo, J. P., del Valle, L., & Easey, K. (2010, October 19-21). *Cultural influence on community reintegration of OEF/OIF Veterans in Puerto Rico and the U.S. Virgin Islands*. Poster session at the Nursing Polytrauma Conference 5: Learning From Each Other. Arlington, Virginia.
- Amaefule, E., Rodriguez-Yu, V., & **Uphold, C. R.** (2012, June 20). *Two unique educational programs for improving the knowledge and skills of Veterans with strokes and their caregivers*. Poster session at the New Horizons in Rehabilitation Conference, Atlanta, Georgia.
- Uphold, C. R.,** Findley, K., Wing, K. L., Freytes, I. M., Hanjian, J., Midolo, J. P., Knauff, L., Rodriguez, W., & Whittle, J. C. (2012, July). *Improving stroke caregiver outcomes: Evaluation of the RESCUE website*. Poster session at the VA Health Services Research and Development Annual Meeting.
- Biggins, S., French, B., Hopkins, S., Jackson, P. D., & **Uphold, C. R.** (2014, February 12; 2014, May; and 2014, October 30 & 31, 2014). *Evidence summary with practice recommendations for improved communication during transitions in patient care settings*. Poster sessions at the following: 1) Virginia Nurses Association, Richmond, VA, 2) The Scripps Brain Injury Rehabilitation Conference, San Diego, CA, and 3) Annual Conference of the Association of Rehabilitation Nurses, Anaheim, CA.
- Mahaney-Price, A., Davis, L., Allen, R., **Uphold, C. R.,** Burgio, K., Stanton, M., Olsen, D., DeCoster, J., Higeman, M., Collins, A., Gay, W., Grayson, W., Gordon, C., Coleman, T., Dickey, C., & Reddick, A. (2014, April 29). *Enabling advance directive completion by rural Alabama Veterans: A Pilot Study – Primary Outcomes*. Poster session at the 15<sup>th</sup> Annual Rural Health Conference sponsored by the Institute of Rural Health Research, The University of Alabama School of Medicine, Tuscaloosa, Alabama.
- Uphold, C. R.,** Jordan, M., Rutter, T., Ruiz, D., Bartolomelo, N., Sorial, A. L., Freytes, M., Fernandez, C., Barnett, S., Praisood, A., & Dang, S. (2015, February 26). *Evaluation of a Skills-Building Program for Caregivers of Veterans Post-Stroke*. Poster session at the 29<sup>th</sup> Annual Southern Nursing Research Society Annual Conference, Conducting Research in Difficult Times: Come Revitalize Your Research Spirit. Tampa, FL.
- Sites, S., **Uphold, C. R.,** & Schember, T. (2015, April). *Stroke Patient Functional Abilities and Depressive Symptoms Among Caregivers*. Poster session at the University of Florida, Master of Public Health Research Day, Gainesville, FL.
- del Valle, L. E., Freytes, M., Midolo, J., Collison, B., Wing, K., Hall, L., & **Uphold, C. R.** (2015, May). *Printed and Web-Based OEF/OIF/OND Culturally- Relevant Family Education Materials*. Poster session at the VA Caribbean Healthcare System Research Day, San Juan, Puerto Rico. (May 2015).



- Hopkins, S., Biggins, M. S., Patel, D., Freytes, I. M., & **Uphold, C. R.** (2015, September). *VA V.I.T.A.L.: Partners in Education*. Poster session at the Nebraska Chapter of the National Association of Social Workers (NASW) Annual Conference. Omaha, Nebraska.
- Graf, R., Schember, T., & **Uphold, C. R.** (2016, April). *Interaction between time spent as caregiver and burden and depression outcomes*. Poster session at the University of Florida, 19<sup>th</sup> Annual Public Health & Health Professions Research Day, Gainesville, FL.
- Joseph, A., **Uphold, C. R.**, Schember, T., LeLaurin, J., & Schmitzberger, M. (2016, July). *Evaluation of an internet and telephone support intervention for stroke caregivers*. Poster session at the University of Florida Public Health Day. Gainesville, FL.
- LeLaurin, L., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Joseph, A., Freytes, I. M., & **Uphold, C. R.** (2016, July). *Internet and telephone support intervention for stroke caregivers: A pilot study*. Poster session at the Florida Public Health Association 2016 Annual Educational Conference: Challenges and Strategies for a New Age in Public Health, Orlando, FL.
- Uphold, C. R.**, LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Fehlberg, E., Hugon, R., Rogers, J., Jordan, M., & Freytes, I. M. (2016, September). *An internet and telephone support intervention for stroke caregivers living in rural and urban areas*. Poster session at the VA State of the Art Conference in Rural Health, Washington D.C.
- Uphold, C. R.**, LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Fehlberg, E., Hugon, R., Rogers, J., Jordan, M., & Freytes, M. (2016, September). Poster session at the 7<sup>th</sup> Annual Spotlight on Aging Research: Focus on Inflammation and Aging, Gainesville, FL.
- Ganzer, C. A., & **Uphold, C. R.** (2016, October). *An exploratory investigation of cognitive function, health and stroke literacy, and health-promoting behaviors among veterans with stroke risk factor*. Poster session at North East Cerebrovascular Consortium (NECC) 11<sup>th</sup> Annual Summit, Newport, RI.
- Graf, R., **Uphold, C. R.**, Schember, T., LeLaurin, J., & Schmitzberger, M. (2016, November). *Relationship between years of caregiving experience and burden and depression outcomes*. Poster session at the FOTA Annual Conference and Expo. Orlando, Florida.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Freytes, I. M., Orozco, T., & **Uphold, C. R.** (2017, February 27). *Internet and telephone support intervention for stroke caregivers: A pilot study*. Poster session at the University of Florida College of Medicine Celebration of Research, Gainesville, FL.
- Dameron, M., Jackson, P., Duncan, L., **Uphold, C. R.**, & Pejoro, S. (2017, March 27-29). *Managing the Agitated Brain Injury Patient's Behavior in a Rehabilitation Setting*. Electronic poster session at the NE/ADPCS National VHA Conference.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Freytes, I. M., Orozco, T., & **Uphold, C. R.** (2017, April 6). *Internet and Telephone Support Intervention for Stroke Caregivers to Reduce Institutionalization of Veterans*. Poster session at the GEC Leads Conference, Orlando, FL.
- Freytes, I. M., Ahern, J., Schmitzberger, M., Orozco, T., & **Uphold, C. R.** (2017, April 6). *Web Support for Caregivers of Elderly Veterans with Dementia*. Poster session at the GEC Leads Conference, Orlando, FL.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Freytes, I. M., Orozco, T., & **Uphold, C. R.** (2017, November 5). *The RESCUE Skills-Building Program: Pilot Study of an Internet and Telephone Intervention for Stroke Caregivers*. Poster session at the American Public Health Association Annual Meeting, Atlanta, GA.
- LeLaurin, J., Eliazar-Macke, N., Freytes, I. M., Dang, S., Besterman-Dahan, K., Ruiz, D., Klanchar, A., Schmitzberger, M., & **Uphold, C. R.** (2018, April 28). *The RESCUE Intervention for Stroke Caregivers*. Poster session at the Primary Care Innovations Conference: Building a Community of Innovators. Gainesville, FL.
- LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Freytes, I. M., Orozco, T., & **Uphold, C. R.** *The RESCUE Intervention: Pilot Study of an Internet and Telephone Skills-Building Program for Stroke Caregivers*. (2018, April 27). Poster session at the 8<sup>th</sup> Annual Spotlight on Aging Research. Gainesville, FL.

## RESEARCH FUNDING

- National Research Service Award Nurse Research Fellowship: Intergenerational Relationships and Midlife Women's Health.* National Institutes of Health, Center for Nursing Research, Funded 1986-88, \$31,656. C. R. Uphold, Principal Investigator.
- Cytomegalovirus Retinitis in Patients with Human Immunodeficiency Virus Infection.* Florida League of Nursing, funded 1996-1997, \$600, C. R. Uphold, Principal Investigator.
- Screening Tests to Detect Cytomegalovirus Retinitis in Patients with Human Immunodeficiency Virus Infection.* University of Florida, Graduate Research Assistantship Program, Division of Sponsored Research, funded 1996, \$4,250.50, C. R. Uphold, Principal Investigator.
- Nurse-Practitioner Managed HIV/AIDS Rural Clinics: A Study of Process and Outcomes.* Alpha Theta Chapter, Sigma Theta Tau, funded 1996-1997, \$300, C. R. Uphold, Co-Principal Investigator, M. V. Graham, Co-Principal Investigator.
- Outcomes Research Related to Health Care of Older Patients with HIV/AIDS.* Veterans Affairs Health Services Research & Development, Postdoctoral Nurse Fellowship. Funded 1997-1999, \$102,000, C. R. Uphold, Principal Investigator.
- Outcomes of Rehabilitation Nursing Interventions for Older HIV/AIDS Patients and Their Families.* Veterans Affairs, VISN 8, Health Services Research & Development, funded 1997-1998, \$1000, C. R. Uphold, Principal Investigator.
- Predictors of Outcomes in HIV-Infected Males.* Veterans Affairs, Health Services Research & Development, Nursing Research Initiative, NRI 98-182. Funded October 1, 2000 to September 30, 2005. \$639,363. C. R. Uphold, Principal Investigator.
- Age-Related Variations in Outcomes of HIV-Infected Patients.* Veterans Affairs, Health Services Research & Development, Research Career Development Award. RCD 99011. Funded April 1, 2001 to June 30, 2005. \$460,440. C. R. Uphold, Principal Investigator.
- OPTIMA: Options in Management of Antiretrovirals.* Veterans Affairs, Cooperative Study, CSP #512. Funded May 1, 2001 to January 31, 2006. B. S. Bradley, Site Principal Investigator, C. R. Uphold, Site Co-Investigator.
- Age, Substance Use, and Nutrition in HIV Infection.* NOVA Foundation. Funded July 1, 2001 to June 30, 2002. \$2,500. C. R. Uphold, Co-Principal Investigator, R. Hoffinger, Co-Principal Investigator.
- Technology to Improve Sleep among Informal Caregivers of Veterans.* Veterans Affairs, Health Services Research & Development, Locally Initiated Project, LIP 71-008. Funded October 1, 2003 to September 30, 2004. \$10,000. M. Rittman, Principal Investigator, C. R. Uphold, Co-Investigator.
- Pilot Project; Informal Caregivers of Veterans Post Stroke.* Veterans Affairs, Health Services Research & Development. STR 04-347. Funded June 1, 2005 to May 31, 2006. \$50,000. M. Rittman, Principal Investigator, C. R. Uphold, Co-Principal Investigator.
- Disseminating Stroke Prevention Materials to Veterans: The Development of a Direct to Consumer Implementation Strategy.* Veterans Affairs, Health Services Research & Development. STR 04-347. Funded June 1, 2005 to May 31, 2006. \$40,501. R. Beyth, Principal Investigator, C. Uphold, Co-Investigator.
- Improving Anti-Thrombotic Use in Stroke Prevention.* Project Number R01 70-794 funded by National Heart, Lung, and Blood Institute (NHLBI). Funded October 1, 2002 to August 30, 2009. \$2,644,360. R Beyth, Principal Investigator, C. R. Uphold Co-Investigator.
- Readjustment Process of OIF/OEF Veterans and Families Living in Puerto Rico.* Disabled American Veterans through the NOVA Foundation. Funded February 1, 2006 to January 31, 2007. \$20,000. C. R. Uphold, Principal Investigator.
- Informal Caregivers of Veterans Post Stroke.* Veterans Affairs, Health Services Research & Development, NRI 05-26-1. Funded April 1, 2006 to March 31, 2008. \$506,190, M. Rittman, Principal Investigator, C. R. Uphold, Co-Investigator.
- Education Materials for Puerto Rican OIF/OEF Veterans and Families,* Veterans Affairs, Health Services Research & Development, QUERI, RRP 06-185. Funded November 1, 2006 to October 31, 2007, \$50,000. C. R. Uphold, Principal Investigator.
- The Effects of Exercise on the Fluid Balance Instability of NYHA Class III and IV Heart Failure Patients,* Veterans Affairs, Office of Academic Affiliations. Funded June 1, 2007 to July 31, 2008. \$42,465. A. Boyd, Principal Investigator, C. R. Uphold, Program Director.
- Intervention Development for Shared Decision Making in Stroke Prevention,* Veterans Affairs, Health Services

Research & Development QUERI, RRP #07-305. Funded August 1, 2007 to August 31, 2008. \$75,000. C. R. Uphold, Principal Investigator, R. Shorr, Co-Principal Investigator.

*Disseminating OEF/OIF Readjustment Materials in Spanish and the S.T.R.I.V.E. Database.* VHA Public Health Strategic Health Care Group. Funded July 1, 2007 to December 31, 2007, \$5,000. C. R. Uphold, Principal Investigator.

*Web-Based Informational Materials for Caregivers of Veterans Post Stroke,* Veterans Affairs, Health Services Research & Development QUERI, Service Directed Project. SDP #06-327. Funded May 1, 2008 to January 31, 2013. \$781,246. C. R. Uphold, Principal Investigator.

*VISN8 Research Fellowship Program.* Veterans Affairs, EES. Funded 3/1/08 to 2/28/09. I. M. Freytes, Principal Investigator, C. R. Uphold, Mentor.

*Dissemination Evaluation of Educational Materials for Puerto Rican OIF/OEF Veterans and Families.* Veterans Affairs, Health Services Research & Development QUERI, RRP #08-395. Funded August 25, 2008 to September 31, 2009. \$50,000. C. R. Uphold, Principal Investigator.

*Factors Affecting Return to Work among OEF/OIF Veterans with Polytrauma.* Veterans Affairs, Rehabilitation Research & Development IIR, #D6661R, November 2008 to February 2010. \$50,000. E. Hannold, Principal Investigator, C. R. Uphold, Co-Investigator.

*Printed and Web-Based Culturally-Relevant OEF/OIF Family Education,* Veterans Affairs Health Services Research & Development QUERI, RRP #09-179, May 1, 2010 to September 30, 2012. \$120,778, C. R. Uphold, Principal Investigator.

*Understanding Quality-of-Life in Older Adults with Advanced Lung Cancer: Comparisons of Three Care Models.* VA Office of Academic Affiliations Predoctoral Fellowship Program, Funded November 29, 2010 to July 25, 2011. \$27,398, G. Adorno, Fellow, C. R. Uphold, Program Director.

*Dissemination of a Theory-Based Bone Health Program in Online Communities,* National Institute of Nursing Research, RO1NR011296, August 1, 2009 to May 5, 2013. \$402,755. E. Nahm, Principal Investigator, C. R. Uphold, Consultant.

*Racial/Ethnic Variation in Family Functioning Post-Deployment.* Veterans Affairs Rehabilitation Research & Development, #D7801 P, April 1, 2012 to March 31, 2014. \$200,000. I. M. Freytes, Principal Investigator, C. R. Uphold, Co-Investigator.

*Stroke Literacy and Ethnically Diverse Veterans.* Veterans Affairs Office of Academic Affiliations, Post-Doctoral Nurse Fellowship Program, October 1, 2012 to September 30, 2015. C. Granzer, Fellow, C. R. Uphold, Mentor.

*Enabling Advance Directive Completion by Rural Alabama Veterans: A Pilot Study,* Veterans Affairs Health Services Research & Development, Nursing Research Initiative. #10-311-3, January 1, 2013 to December 30, 2013. \$100,000. A. Maheney-Price, Principal Investigator, C. R. Uphold, Mentor.

*Internet and Telephone Support Intervention for Stroke Caregivers.* VA Rehabilitation, Research & Development. D1395-P. April 1, 2014 to March 31, 2016. \$198,750. C. R. Uphold, Principal Investigator.

*Utilizing the RESCUE Stroke Caregiver Website to Enhance Discharge Planning.* VA Health Services Research & Development. IIR-343-2. \$1,099,209. August 1, 2014 to July 31, 2018. C. R. Uphold, Principal Investigator.

*Spanish Online and Telephone Intervention for Caregivers of Veterans with Stroke.* VA Health Services Research & Development, IIR15-117, \$1,092,017. October 1, 2017 to September 30, 2021. I. M. Freytes, Principal Investigator, C. R. Uphold, Co-Investigator.

## **FUNDING – CLINICAL DEMONSTRATION PROJECT**

*A Lifeline for Stroke Caregivers: Addressing Rural Health Disparities in Patient/Caregiver Education Resources and Health Literacy.* Veterans Affairs Office of Rural Health, October 1, 2011 to September 30, 2012. \$45,000. C. R. Uphold, Principal Investigator.

*Web Support for Caregivers of Elderly Veterans with Dementia.* Veterans Affairs Office of Geriatrics and Extended Care, October 1, 2012 to September 30, 2013. \$151,709. I. M. Freytes, Principal Investigator, C. R. Uphold, Co-Investigator.

*Online and Telephone Skills-Building Program for Caregivers of Veterans with Stroke.* VA Phase III NILTC, December 27, 2012 to September 30, 2013. \$179,000. C. R. Uphold, Project Director.

*RESCUE Skills-Building Program for Caregivers of Veterans with Stroke.* VA Phase III NILTC, October 1, 2013 to September 30, 2014. \$178,150. C. R. Uphold, Project Director.

*Improving Access to Geriatric Care in Rural Areas: GRECC Connect.* VA Office of Rural Health, \$2,043,373. October 1, 2016 to September 30, 2017. W. Hung, Project Leader, C. R. Uphold, Implementation Science Specialist.

*Dementia Caregiving Tele-Health Alliance.* VA Office of Rural Health – Rural Health Resource Center – Togus, \$826,230.04. October 1, 2016 to September 30, 2019. P. Griffiths, PI, C. R. Uphold, Consultant.

## **FUNDING – EDUCATIONAL GRANTS**

*Family Nurse Practitioner Master's Program:* HRSA, PHS, Funded 1987-1990, \$588,530. M. V. Graham, Project Director, and C. R. Uphold, Co-Director.

*Family Nurse Practitioner Master's Program:* HRSA, PHS, Funded 1991-1994, \$589,632. M. V. Graham, Project Director, and C. R. Uphold, Co-Director.

*NONPF Faculty-to-Faculty Mentoring Project in Community Health.* Funded to National Organization of Nurse Practitioner Faculties through Helene Fuld Health Trust Fund. Funded June 1, 1999 to May 31, 2000. \$75,000. C. R. Uphold, Project Director.

*NONPF Curriculum and Faculty Development in Community-Based Care.* Funded to National Organization of Nurse Practitioner Faculties through Helene Fuld Health Trust Fund. Funded June 1, 2001 to May 31, 2003. \$85,000. C. R. Uphold, Project Director.

*Claude D. Pepper Older Americans Independence Center (OAIC).* NIH/NIA, Funded June 1, 2007 to present. \$602,141. M. Pahor, Director, and C. R. Uphold, Investigator.

*Advanced Fellowship Program in Advanced Geriatrics.* Veterans Affairs Office of Academic Affiliations, Funded February 2, 2009 to 2016. R. Beyth, Director, and C. R. Uphold, Co-Director.

*Advanced Fellowship Program in Advanced Geriatrics.* Veterans Affairs Office of Academic Affiliations, 2016 to present. C. R. Uphold, Director.

## **AWARDS AND HONORS**

Sigma Theta Tau, 1973

Phi Kappa Phi, 1973

Graduated magna cum laude, Pennsylvania State University, 1973 & 1979

New York Academy of Science, 1979

Graduated summa cum laude, University of Maryland, 1988

Outstanding Achievement Award in Direct Nursing, University of Maryland, 1988

1988 Highest Scholarly Achievement in Nursing Doctoral Program, University of Maryland, 1988

Volunteer of the Year, Girls Club of Alachua County, 1990

National Award for Published Research by Nurse Practitioner Associates for Continuing Education (NPACE), 1994

Pearl Award for Significant Contributions to the Nurse Practitioner Profession in Florida, Florida Nurses Association, Council on Advanced Nursing Practice, 1995

Outstanding Contributions to Family Nurse Practitioner Program, Southeast Missouri State University, 1998-1999

Association of Nurses in AIDS Care (ANAC). HIV-Related Anemia Nursing Case Study Award Winner, 2002

Association of Nurses in AIDS Care (ANAC). Distinguished Lecturer, 2003-2005

Veterans Affairs Health Services Research & Development, Research Career Development Award, 2001-2005

American Academy of Nursing, Inducted as a Fellow, 2004

2008 Outstanding Researcher Award, National Organization of Nurse Practitioner Faculties, 2008

Special Contribution Award for work on Polytrauma Field Advisory Committee, Department of Veterans Affairs, 2010

Special Contribution Award for work on Nursing Research Advisory Group, Department of Veterans Affairs, 2011

Winning article of the 2016 Rehabilitation Nursing Writers' Award: Editor's Choice Award: Jackson, P. D., Biggins, M. S., Cowan, L., French, B., Hopkins, S. L., & **Uphold, C. R.** (2016). Evidence summary and recommendations for improved communication during care transitions. *Rehabilitation Nursing*. 41(3), 135-148.

Best Research Abstract (Top Three): **Uphold, C. R.**, LeLaurin, J., Schmitzberger, M., Eliazar-Macke, N., Schember, T., Hugon, R., Fehlberg, E., & Freytes, I. M., (2016, September). *Exploring Racial Variation*

*in Acceptability and Outcomes of an Internet and Telephone Support Intervention for Stroke Caregivers.*  
Paper presented at the VA Health Services Research & Development Health Field-Based Health Equity Research Meeting, Philadelphia, PA.

## **MENTORING (from 2002)**

Deepauli Rane, Master's Degree Program, University of Florida, Health Policy & Epidemiology (2002-2003)  
Stephanie Hoke, Master's Degree Program, University of Florida, Nutrition Sciences (2003-2004)  
William Mkanta, Doctoral Degree Program, University of Florida, Health Services Administration (2003-2005)  
William Jeffries, Master's Degree Program, University of Florida, Sociology (2005-2006)  
Courtney Stahl, PhD, Postdoctoral Psychology Fellow, Department of Veterans Affairs (2005-2006)  
Miho Bautista, MD, University of Florida, Pepper Center Scholar (2006-2008)  
Adam Denny, University of Florida, graduate student, University of Florida, Department of Educational Psychology (2007-2008)  
Andrea Boyd, VA Nursing Research Pre-Doctoral Fellow, University of Florida, College of Nursing (2007-2009)  
I. Magaly Freytes, VA Postdoctoral Research Fellow, Rehabilitation Outcomes Research Center (2007-2010)  
Debbie Wilson, VA Postdoctoral Research Fellow, Rehabilitation Outcomes Research Center (2007-2009)  
Heather Edwards, Internship, Graduate Student, UF College of Public Health & Health Professions (2008)  
Marissa Rewak, Internship, Graduate Student, Harvard School of Public Health (2008)  
Lindsay Knauff, Internship, Baccalaureate Student, UF College of Liberal Arts, Department of Art (2008)  
Courtney Graddy, Internship, Baccalaureate Student, UF Health Education Department (2008)  
Benjamin Lee, Internship, Graduate Student, UF College of Public Health & Health Professions (2009)  
John Midolo, Internship, Graduate Student, UF College of Public Health & Health Professions (2010)  
Sahar Nouripour, Internship, Baccalaureate Student, UF Health Education Department (2010)  
Gail Adorno, MSW, Pre-doctoral Fellow, VA Office of Academic Affiliations Fellowship (2010-2011)  
Elizabeth Hannold, PhD, VA Research Investigator, VA Disability Supplement Award (2010-2012)  
Ray Hinojosa, PhD, VA Rehabilitation Research & Development Career Development Awardee 2 (2012-2013)  
Christine Ganzer, PhD, RN, VA Nursing Research Postdoctoral Fellowship (2012-2015)  
Ann Maheny-Price, PhD, DNP, VA Nursing Research Initiative Award (2012-2013)  
Meggan Jordan, PhD, Applying for VA Career Development Award (2013-2014)  
Juliette Christie, PhD, Applying for VA Career Development Award (2013-2014)  
Brooke Teague, Internship, Baccalaureate Student, UF Health Education Department (2013)  
Alyssa Wang, Internship, Graduate Student, UF College of Public Health & Health Professions (2014)  
Nicole Murphy, Internship, Baccalaureate Student, UF Health Education Department (2014)  
Britorria O'Neal, Internship, Baccalaureate Student, UF Health Education Department (2015)  
Samantha Sites, Internship, Graduate Student, UF College of Public Health & Health Professions (2015)  
Rachel Graf, Internship, Baccalaureate Student, UF Health Science Honors Program (2015-2016)  
Latrice Jones, Internship, Baccalaureate Student, UF Health Education Department (2015)  
Andrea Barnes, Ph.D., ARNP, VA Nursing Researcher, New York Harbor Healthcare System (2015)  
Christa Dizon, Internship, Baccalaureate Student, UF Health Education Department (2016)  
Aoleonne Joseph, Internship, Graduate Student, UF College of Public Health & Health Professions (2016)  
Madison Carter, Baccalaureate Student, UF Health Science Honors Program (2016-2017)  
Katie LaMontagne, Internship, Graduate Student, UF College of Public Health & Health Professions (2017)  
Tiffany Henderson, Internship, Baccalaureate Student, UF Health Education Department (2018)  
Alexis Jones, Internship, Baccalaureate Student, UF Health Education Department (2018)

## **COMMUNITY SERVICE**

1987-1990, **Alachua County School System, Florida.** Coordinate annual health screening programs for elementary students; educational classes on human growth and development and safe sexual practices  
1988, **Older Americans Council, Gainesville, Florida.** Coordinated program to provide over 200 influenza immunizations to elderly citizens

- 1988-1990, **Girls' Club of Alachua County, Gainesville, Florida.** Coordinated health screening program and health education program to improve healthy lifestyles of children
- 1990-1993, **Head Start of Alachua County, Florida.** Advisory board member; coordinated health screening programs for children enrolled in Head Start programs at 14 elementary schools; developed evaluation system to track and refer children's laboratory results or health assessment findings
- 1990-1994, **Family Services Center, Gainesville, Florida.** Member of planning council; volunteered as nurse practitioner 4-8 hours per week to provide primary care to middle-school children and their families; developed and evaluated quality assurance and risk-management plans for clinic
- 1991, **Stepping Stones Preschool Program.** Advisory council member
- 1991, **Student Housing, McQuire Village, University of Florida, Gainesville, Florida.** Coordinated four health screening programs for UF foreign students and their families
- 1992-1993, **Florida Department of Health and Suwanee River Area Health Education Center** Developed and evaluated model training program for public health nurses employed in all health departments in North Florida, "Improving Health Assessment Skills of Public Health Nurses"
- 1992-1993, **Primary Care Clinic for Children, Hawthorne, Florida, Florida Department of Health.** Developed, managed, and provided primary care, counseling, and health education to disadvantaged children and their families in the first nurse-practitioner primary care clinic in Hawthorne, Florida; volunteered as nurse practitioner 4-12 hours per week
- 1994-1996, **Florida AIDS Education and Training Center, University of Florida, Gainesville, FL.** Preceptor in the "HIV Disease Clinical Training/Clinical Mini-Residency Program;"
- 1996-1999, **Model Rural Outreach Program for Individuals with HIV Infection through North Central Florida Health Planning Council funding** to University of Florida, College of Nursing Faculty Practice Plan. Developed and evaluated decentralized healthcare system to improve continuity of care for HIV/AIDS patients and their families; worked as a nurse practitioner 8-12 hours a week through College of Nursing faculty practice plan.
- 1997-2000, **Ryan White Care Consortium and North Central Florida Health Planning Council, Gainesville, Florida.** Member of board of directors; member of Ryan White Title III HIV Primary Care Planning Grant Advisory Committee
- 2004, 2006, **Missionary Ventures, Volunteer Medical Missions,** Member of interdisciplinary team to obtain funding and medical supplies and provide as medical services to families in rural area of Honduras (2004) and Nicaragua (2006)
- 2005, **Spring Break Medical Mission, Trinity United Methodist Church,** Member of interdisciplinary team to obtain funding and medical supplies and provide health and medical services to families in rural area of Chile

#### **PROFESSIONAL SERVICE (selected)**

- 1992-1994, **U.S. Administration on Children, Youth, and Families,** Peer reviewer and consultant for Head Start research grants and health services
- 1995-1996, **Expert Panel, Pharmacology Curriculum for Family Nurse Practitioner (FNP) Prescriptive Authority.** Participated in 16-month project headed by National Council of State Boards of Nursing and funded jointly by the Division of Nursing of HRSA and the Agency for Health Care Policy Research to develop curriculum guidelines and evaluation criteria
- 1995, **American Nurses Association Advanced Practice Nursing Task Force on Scope Statement and Practice Standards.** Representative for National Organization of Nurse Practitioner Faculties
- 1997-1998, 2000, **U.S. Department of Health and Human Services, Public Health Service.** Peer reviewer on Nurse Practitioner/Nurse Midwifery grants and Advanced Nurse Education/Nurse Anesthetist grants
- 1999-2002, **Commission on Collegiate Nursing Education (CCNE),** Prospective On-site Evaluator
- 1999-2001, **Columbia Advanced Practice Nurse Associates (CAPNA), Columbia University School of Nursing, Quality Assurance Review Committee.** Nurse practitioner representative to review quality of care and recommend guidelines for quality improvement
- 2000-2003, **Expert Panel, Medscape, Medical Internet Company.** Consultant and expert author for "Ask the Expert Nurse Practitioner"

1999-2002, **Faculty-to-Faculty Mentoring Program in Community Health**. Project Director on 4-year project funded to the National Organization of Nurse Practitioner Faculties by the Helene Fuld Health Trust to develop and implement a model to guide nurse practitioner faculty in preparing students to practice from population-based perspective and to partner with communities to improve public's health.

2001-2006, **Special Task Force on Continuous Quality Implementation and Magnet Status Subcommittee for Nurse Practitioner Education**. Panel member of nurse practitioner leaders convened to implement the continuous quality improvement consultative program for nurse practitioner educational programs.

2003-2009, **Department of Veterans Affairs, HSR&D, Nursing Research Advisory Group**. Member, 2003-2007, Co-Chair, 2007-2008, Chair, 2008-2009

2005-2007, **National Association on HIV Over Fifty**. Member, Board of Directors

2005-2008, **Department of Veterans Affairs, HSR&D, Scientific Merit Review Board**. Panel Member - Special Populations Panel & Nursing Research Initiative

2007-2010, **Department of Veterans Affairs, HSR&D, QUERI Service-Directed Project, Scientific Merit Review Board**. Member of Adhoc Panel

2007-2012, **Florida Office on Disability & Health**. Member, Advisory Board

2008-2009, **Department of Veterans Affairs, Offices of Nursing Service, National Nurse Executive Council**. Member

2008-2011, **Department of Veterans Affairs, Offices of Nursing Service, National Nurse Practice Committee**. Member.

2009-2011, **Department of Veterans Affairs, Offices of Nursing Service, Executive Committee for Structured Nursing Language Executive Workgroup**. Member

2009-present, **Department of Veterans Affairs, Offices of Nursing Service, Polytrauma Field Advisory Committee**. Member.

2009-2011, **National Institutes of Health Peer Review Panel (Study Section)**. Study Section Member: Healthcare Delivery & Methodologies, Adhoc Member

2012, **Patient-Centered Outcomes Research Institute**. Study Section Member

2012, **Department of Veterans Affairs Evidence Synthesis Program, Family Interventions**. Member, Technical Expert Panel.

2012, **Department of Veterans Affairs Evidence Synthesis Program, Mobile Applications for Non-professional Caregivers**. Member, Technical Expert Panel.

2012-2016, **Department of Veterans Affairs, HSR&D, Scientific Merit Review Board**. Panel Member - Chronic Diseases Panel & Nursing Research Initiative

2013-2014, **Department of Veterans Affairs, Discharge Planning Task Force**. Panel Member.

2014-2016, **The Henry M. Jackson Foundation for the Advancement of Military Medicine, Inc.**, Member – The Veteran Metric Initiative Scientific Advisory Committee.

2014, **Department of Veterans Affairs, HSR&D Daniel Deykin Award for Outstanding Mentor Award**. Review Panel Member.

2015-2017, **Department of Veterans Affairs, HSR&D, Scientific Merit Review Board for Gulf War Review**. Review Panel Member

2015-present, **Department of Veterans Affairs, Evaluation Advisory Board for Centers of Excellence in Primary Care Education**. Board Member.

2016-present, **National Institutes of Health Peer Review Panel (Study Section)**. Nursing and Related Clinical Sciences Special Emphasis Panel. Adhoc Member.

2016-present, **Department of Veterans Affairs, HSR&D, Scientific Merit Review Board**. Chronic Diseases Panel, Adhoc Member

#### **MEMBERSHIP AND ELECTED OFFICES (*in bold*) IN PROFESSIONAL ASSOCIATIONS**

Alzheimer's Disease and Related Disorders Associations (1985-1989)  
 American Academy of Nurse Practitioners (1992-1994)  
 American Nurses Association (1979-present)  
 ANA Council of Nurse Researchers (1979-2001)  
 American Association for Advancement of Science (1980-2007)

Association of Nurses in AIDS Care (1998-2007)  
 Research Committee (2002-2008)  
 Research Conference Planning Committee (2004-2005)  
 Reviewer of Conference Abstracts (2004, 2005)  
 Florida League for Nursing (1987-1989; 1995-1998)  
 Florida Nurses Association (1979-present)  
**Nominating Committee (elected) (1992-1994)**  
 District Legislative Coordinator (1992-1995)  
**Nominating Committee (elected) (1994-1996)**  
 Publicity Committee: Council of Advanced Practice (1996-1998)  
 Gainesville Nursing Research Consortium Interest Group (2002)  
 National Association on HIV over Fifty  
**Board of Directors (elected 2005-2008)**  
 National Council on Family Relations (1987-1993)  
 National League for Nursing (1995-1998)  
 National Organization of Nurse Practitioner Faculties (1990-2014)  
 Faculty Practice Committee (1990, 1998-2003)  
 Finance Committee (1991-1993); (2003-2009)  
 Chair, Finance Committee (1994-1998)  
**Treasurer (elected 1994-1996, re-elected for 1996-1998 term)**  
**Nominating Committee (elected) (1999-2001)**  
 Chair, Nominating Committee (2000-2001)  
 Bylaws Committee (2001-2011)  
 Research Committee (2003-2011)  
 Reviewer of Abstracts (2002-2003, 2005)  
 Capital Development Committee (2009-2010)  
 North Central Florida Advanced Practice Nurses (1989-present)  
 Founding Member (1989)  
**Board of Directors (elected) (2004-2008)**  
 NOVA Foundation (2003-2008)  
 Reviewer of Research Proposals (2007)  
 Sigma Theta Tau (1979-present)  
 Alpha Theta Chapter, Awards Committee (1992-1996)  
**Alpha Theta Chapter, Faculty Advisor (elected) (1993-1995)**  
 Alpha Theta Chapter, Research Committee (1993-1994; 1999-2011)  
 Southern Nursing Research Society (1987-2016)  
 Reviewer of Conference Abstracts (1988-1993; 1996, 2004)  
**Chair, Family Research Interest Group (1993-1995)**  
 American Academy of Nursing (2004-present)  
 Association of Rehabilitation Nurses (2013- present)

## **EDITORIAL BOARDS OF PROFESSIONAL JOURNALS**

Editorial Board, *Family, Systems, & Health* (1996-1998)  
 Editorial Board, *Clinical Excellence for Nurse Practitioners: The International Journal of NPACE* (1995-2005)  
 Editorial Board, *Journal of Gerontology & Geriatric Research* (2011-2013)

## **REVIEWER OF PROFESSIONAL JOURNALS**

Reviewer, *Nursing Research* (1989-1997)  
 Reviewer, *Research in Nursing and Health* (1988-2009)  
 Reviewer, *Clinical Excellence for Nurse Practitioners: The International Journal of NPACE*  
 (1995-2005)



Reviewer, *Journal of Family Issues* (1996-2011)  
Reviewer, *Family, Systems, & Health* (1998-2010)  
Reviewer, *American Journal for Nurse Practitioners* (2000-2003)  
Reviewer, *Family Relations* (2005-2011)

## **UNIVERSITY GOVERNANCE AND SERVICE**

University of Florida, College of Nursing:  
Continuing Education Committee, Vice-Chair (1992-1993)  
Research Committee (1993)  
Faculty Affairs Committee (1994-1996)  
Faculty Practice Board (1996)  
Search Committee (1996-1997)  
Formal Review Committee (1998)  
Research Committee, Adhoc Member (2017-present)  
University of Florida & Shands Hospital Joint Venture, Nursing Practice Subcommittee, (1996-1997)  
University of Florida Senate Nominating Committee (1995-1997)  
University of Florida, Institutional Review Board (2001-03); alternate (2003-06)  
University of Florida, Institute of Aging, Executive Committee (2006 to present)

## **VISITING NURSE RESEARCHER**

2009, Division of Nursing, Molloy College, Rockville Center, NY. Presentations and consultation with students, faculty, and community partnerships

## **CONSULTATIONS**

1996, University of New York at Stony Brook, consultant on curriculum for adult nurse practitioner and family nurse practitioner programs through National Organization of Nurse Practitioner Faculties.  
1996, University of Southern California, consultant on curriculum for family nurse practitioner program through National Organization of Nurse Practitioner Faculties.  
1997-99, 2000, Southeast Missouri State University, consultant on curriculum for newly developed family nurse practitioner program through Department of Health and Human Services, Advanced Practice Nursing Grants.  
2001-02, 2005, Coppin State College, consultant on curriculum for family nurse practitioner program through Department of Health and Human Services, Advanced Practice Nursing Grants.